

## Exercise 4: Mapping your own terrain

Work on your own.

Consider your personal research project.

### Tasks

List its objective(s)	<i>5 minutes</i>
Make a list of the elements you think you need to examine	<i>5 minutes</i>
Draw a word diagram, locating the elements involved (at least 12) and their interrelationships (at least 12)	<i>5 minutes</i>
Highlight what you see as the key variables	<i>3 minutes</i>
Identify how you can/will collect information about these	<i>5 minutes</i>
Identify personal constructs related to your elements	<i>10 minutes</i>
Create matrix diagrams to explore the relationship between elements and constructs	<i>5 minutes</i>
Reconsider the relationships between elements based on their relationships to the constructs.	<i>5 minutes</i>

### Deliverables

1	A statement of objectives
2	A list of salient factors/elements
3	A conceptual map of the factors/elements
4	Highlighted key elements
5	A list of your data collection methods
6	A series of matrix diagrams showing relationships between elements and personal constructs.

Based on exercise originated by Ian Cooper. Eclipse Research Consultants. Cambridge 24 January 2000