On Learning from the Patient

Experience with the College of Psychiatrists
REFOCUS group.
Dr Anne Jeffers
A rights based service

- Full multidisciplinary teams
- 2001 Mental Health Act
- Mental Health Commission
- Patient organisations
- A Vision for Change
- Recovery based services
- Clinical Fallacy

College of Psychiatrists of Ireland
Wisdom • Learning • Compassion

- Responsible for the training and ongoing competence of Psychiatrists
TO ADVISE, INFORM AND INFLUENCE THE TRAINING AND PRACTICE OF PSYCHIATRISTS

- PRESENTATIONS AT CONFERENCES
- MEETING WITH MEDICAL STUDENTS
- INPUT INTO COLLEGE POSITIONS AND POLICY PAPERS
- DEVELOPING PERSPECTIVE PAPERS
- INPUT TO THE CURRICULUM
- ACCREDITATION OF TRAINING

REFOCUS PAPERS

- Who cares? – listening to the voices of family members.
- On the one road to Recovery
- Understanding ECT
- The family and mental illness
- Spirituality and Psychiatry
Who cares? – listening to the voices of family members.

On the one road to Recovery

Understanding ECT

The family and mental illness

Spirituality and Psychiatry

Definition Of Recovery

“a deeply personal, unique process....a way of living a satisfying, hopeful and contributing life even with limitations caused by illness” (Anthony, 2003)

“Personal recovery – regaining personal identity” (Slade 2009)
On the One Road to Recovery
A paper written by REFOCUS (CPsychI)

Foreword by Dr Anne Jeffers,
Director, External Affairs and Policy

Approved by Council
College of Psychiatrists of Ireland

September, 2013
The psychiatrist needs to trust me

I decide what my priorities are and a skilled worker can help me identify and work on these

Our health improves more quickly if we are calmed rather than restrained

A man convinced against his will is of the same opinion still

The psychiatrist needs to trust me

In the early days when I felt no one understood me, I met one registrar. I can't remember what she said, but I always felt she believed I could get well, and she seemed to be able to focus on what I wanted to do and on my strengths rather than the diagnosis and medication.

www.limerickwriterscentre.com
Documents and videos from Mental Health Law Conferences at UCC are available at
http://www.ucc.ie/law/docs/mentalhealth/conferences/

https://www.irishpsychiatry.ie/members-affairs/committees/refocus/

Thank You