

# **ACADEMIC SUPPORTS**



#### SKILLS CENTRE

Offering a free and friendly place for all UCC students to improve academic skills including academic writing, critical thinking, study skills, note taking and computer skills. The Student Success Zone is available to all students through their Canvas accounts.

Email: skillscentre@ucc.ie

Web: https://www.ucc.ie/en/skillscentre/





Helping you with queries related to degree options, withdrawals, flexi-options, internal transfers and career guidance.

Email: n.deady@ucc.ie

Web: https://www.ucc.ie/en/study/undergrad/orientation/first-

year/

#### STUDENT ADVISOR & OMBUDSMAN



Advising and assisting students with the resolution of difficulties, complaints or grievances involving staff or services of the University in an informal manner. All enquiries to the Student Advisor and Ombudsman will remain confidential, except in cases of serious threat to life or property.

Email: studentombudsman@ucc.ie

Web: https://www.ucc.ie/en/studentombudsman/



# FINANCIAL SUPPORTS

## STUDENT BUDGETARY ADVISOR



Providing advice and guidance on all aspects of student finance including assisting students in the completion of your grant, scholarship and Student Assistance Fund applications.

Email: studentbudgetingadvice@ucc.ie

Web: https://www.ucc.ie/en/studentbudget/

#### MYSTUDENTJOB.IE



Offering information on part-time employment options for students.

Web: http://mystudentjob.ucc.ie/

# TARGETED SUPPORTS

# DISABILITY SUPPORT SERVICE



Empowering students with disabilities to achieve their academic and vocational goals in an inclusive learning environment. This is a free and confidential service to all students who choose to register with the DSS.

Email: dssinfo@ucc.ie

Web: https://www.ucc.ie/en/dss/



# INTERNATIONAL STUDENTS OFFICE



Welcoming over 3000 international students from 104 countries to UCC and supporting them throughout their programme.

Email: s.buckley@ucc.ie

Web: https://www.ucc.ie/en/international/

# MATURE STUDENT OFFICE



Providing a wide range of customised and dedicated supports responding to the diverse and unique needs of all our mature students.

Email: mos@ucc.ie

Web: https://www.ucc.ie/en/mature/

## **UCC PLUS+**



Engaging with DEIS Schools through outreach services and supporting HEAR UCC Plus+ students once at university.

Email: uccplus@ucc.ie

Web: https://www.ucc.ie/en/uccplus/



# PERSONAL SUPPORTS

#### STUDENT HEALTH AND WELLBEING



Providing health and health promotion services complementary to the services available to you though your General Practitioner. Try the 'Student Health Matters' app which enables Irish students to access safe, evidence-based and reliable health information instantly at the touch of a button – all in one place.

Tel: 021 4902311

Web: https://www.ucc.ie/en/studenthealth/

#### STUDENT COUNSELLING AND DEVELOPMENT



Offering free individual student counselling sessions and useful on-line support programmes.

Email: counselling@ucc.ie

Web: https://www.ucc.ie/en/studentcounselling/

## **CHAPLAINCY**



Offering an inclusive space for community, conversation, support, guidance, and enrichment for students and staff, regardless of gender, age, ethnicity, disability, family status, sexual orientation, marital status, religious/non-religious background, or spirituality.

Email: chaplaincy@ucc.ie

Web: https://www.ucc.ie/en/chaplaincy/



## CAREERS SERVICE



Providing advice and information for students and graduates on CVs, interview preparation, work placement, career planning and job vacancies. Graduates can continue to avail of the services we offer for one year after graduation.

Email: careers@ucc.ie

Web: https://www.ucc.ie/en/careers/

## STUDENT RESIDENTIAL SERVICES OFFICE



Provide an advocacy service for any current UCC Student who may have an issue with their accommodation as well as advice for current and prospective students about available accommodation in the wider Cork area.

Email: resservices@ucc.ie

Web: https://www.ucc.ie/en/accommodation/tips/

# SUPPORT BY STUDENTS FOR STUDENTS

### STUDENTS UNION



Elected by students and providing academic assistance to students, supporting students in need, lobbying the University and the government on issues affecting students, and organising events.

Email: welfare@uccsu.ie

Web: https://www.uccsu.ie/



## UCC SOCIETIES



Our 120 Societies in UCC are run by students for students to enhance the cultural, creative, social, political and intellectual experience of students in the university. There is something for everyone so if you would like to find out more about any particular society, then check out our Societies List online.

Email: president@uccsocieties.ie Web: https://societies.ucc.ie/

## UCC SPORT



With 55 clubs there is a place for everyone at every level of activity to join for competition, participation and fun.

Email: sport@ucc.ie

Web: https://sport.ucc.ie/about/

## ULINK PEER SUPPORT



Supporting first year students in their transition to UCC. Every first year is assigned a volunteer peer supporter studying the same programme. Your Peer supporter is available to answer your questions throughout the year.

Email: peersupport@ucc.ie

Web: https://www.ucc.ie/en/peersupport/