Masterclass in Behaviour Change Research and Launch of the E-MAT Study and "On The Ball" Campaign Reports

24<sup>th</sup> November 2023 10:00-15:00 University College Cork (UCC), Mardyke Pavilion, Function Room

## **SCHEDULE**

10:00-10:20	Tea, coffee, and scones	
10:20-10:30	Opening address	<b>Professor Patricia Leahy-Warren</b> Professor of Nursing and Chair of Health Services Research Head of School of Nursing and Midwifery University College Cork
10:30-12:00	Masterclass in behaviour change research: A focus on men's health	Dr. Michael J. Rovito Associate Professor Department of Health Sciences University of Central Florida Dr. Gillian W. Shorter Reader School of Psychology Queen's University Belfast
12:00-12:15	Stretching break	
12:15-12:20	Welcome address	Ms. Megan McCarthy Research Support Officer School of Nursing and Midwifery University College Cork
12:20-13:20	Men's health symposium	<ul> <li>Mr. Finian Murray Men's Health / HSE Health &amp; Wellbeing  </li> <li>"Men's Health Week in Ireland"  Mx. Ryan Goulding  University College Cork  "Men's health, beyond gender"  Dr. Lloyd Philpott  University College Cork  "Paternal perinatal mental health: Progress, challenges  and future direction"  Ms. Emilie Roche Culleton  South East Technological University</li></ul>

		"CAIRDE: A multi-levelled, evidence-based suicide prevention programme in the Irish Construction Industry" Dr. Brendan Noonan University College Cork "Linking In with Advice and Supports for Men impacted by Metastatic cancer: The LIAM McTrial"
13:20-13:30	Q&A	<b>Dr. Angela Flynn</b> College Lecturer School of Nursing and Midwifery University College Cork
13:30-14:15	Report launch	Dr. Mohamad Saab Senior Lecturer Director of Graduate Studies School of Nursing and Midwifery University College Cork "Enhancing Men's Awareness of Testicular Diseases (E- MAT) Using Virtual Reality: A Two-Arm Parallel-Group Randomised Pilot Feasibility Study and Embedded Mixed Method Process Evaluation" Dr. Frances Shiely Senior Lecturer Trials Research and Methodologies Unit, Health Research Board Clinical Research Facility University College Cork "Using X, Facebook, and QR codes to optimise recruitment to a feasibility trial, E-MAT, in a cluster randomised Study Within A Trial (SWAT): Lessons learned"
		Senior Lecturer School of Economics University College Cork "Cost Benefit Analysis of the E-MAT feasibility trial: An interactive experience using Virtual Reality on testicular knowledge and testicular self-examination behaviours among male athletes" Professor Josephine Hegarty Chair and Professor of Nursing School of Nursing and Midwifery
		University College Cork "Co-Design and Launch of "On The Ball": An Inclusive Community-Based Campaign to Promote Testicular Awareness"
14:15-15:00	Lunch and networking	

Venue:	University College Cork, Mardyke Pavilion Function Room, Mardyke Walk, Cork, Ireland, T12 N1FK	
Parking:	Parking at a fee available at the Sacred Heart Church, Western Road, Gillabbey, T12 CA34	

## Mohamad (Mo)

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