



CAREERS FOR SPORTS STUDIES & PHYSICAL EDUCATION GRADUATES

SPORTS STUDIES & PHYSICAL EDUCATION AT UCC

The Bachelor of Education Sports Studies and Physical Education degree (BEDSSPE) is a dynamic course that aims to produce creative educators in physical education, sport and physical activity settings. As well as qualifying to teach physical education, students will also graduate in a chosen specialist arts subject from one of the following: English (five places), Gaeilge/Irish, Mathematics, French, or History. The BEDSSPE programme has a very successful 88% graduate employment rate in post-primary schools nationally and internationally - this 2019 statistic is from data that has been compiled at University College Cork over a 5-year trend.

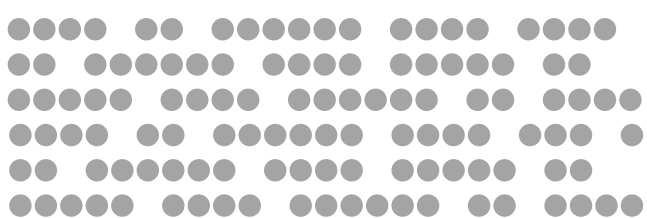
WHAT CAN EDUCATION SPORTS STUDIES & PHYSICAL EDUCATION (BEDSSPE) GRADUATES OFFER EMPLOYERS?

- Graduates from our BEDSSPE degree display independent, innovative thinking, and are agents of change in the areas of physical education, sport, and physical activity settings.
- Whether in schools, clubs or communities – specifically in the areas of sport, physical activity and physical education.
- Graduates from the BEDSSPE degree gain a range of transferable skills in planning, implementing and assessing learning across the lifespan.
- The BEDSSPE programme, through its school-university partnership, also provides career advice and preparation practice for interviews for all of our student teachers graduating from the course.

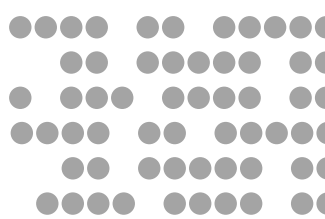


GRADUATE OUTCOMES FOR SPORTS STUDIES & PHYSICAL EDUCATION

Most recent 5-year trend data has indicated that 88% of our graduates successfully gain employment in the teaching and coaching sectors. To date, our graduates have found employment in Ireland, the UK, the US, Canada, the Middle East, Australia etc. The BEDSSPE also provides pathways for postgraduate studies.



**UCC
CAREERS**



GRADUATE STUDIES

The BEDSSPE also provides a pathway for graduates who wish to study at postgraduate level in sport, physical activity, physical education, wellbeing, physical literacy, or general education. These postgraduate offerings are available at both Masters and PhD levels.

AREAS OF EMPLOYMENT FOR SPORTS STUDIES & PHYSICAL EDUCATION GRADUATES



The main area of employment for our BEDSSPE graduates are post-primary school environments, at national and international level. Graduates of our degree BEDSSPE programme are recognised post-primary physical education (alongside their one chosen Arts specialism subject of English, Gaeilge, French, History, or Mathematics) teachers, as recognised by the Teaching Council of Ireland.

To date, our graduates have found post-primary school teaching employment in Ireland, the UK, the US, Korea, Canada, the Middle East, Australia, and New Zealand.

Other graduates have gone on to further studies in physiotherapy, medicine, sports coaching, sports management, or undertaken a specialised postgraduate route (e.g. childhood physical literacy, physical activity promotion for healthy adolescents etc.).

Graduate Profile 1

DIARMUID LESTER

I am a graduate from the B.Ed. in Sports Studies and Physical Education. I teach Physical Education and Irish in Coláiste An Phiarsaigh, Glanmire, and I feel very fortunate to have the opportunity to teach through the medium of Irish on a daily basis. Upon completing my undergraduate degree, I began a PhD in adolescent motor competence. Our research team have collected comprehensive movement-based data on post-primary students in several schools across Cork. These graduate skills have allowed me to see research in practice in order to better understand and meet the needs of existing students in my professional care.



Graduate Profile 2

HOLLY CLARKE

I graduated in 2015, with a B.Ed. in Sport Studies & Physical Education (BEDSSPE) with French. My first year after graduation, I travelled to Mozambique in Africa to teach for a number of months. I have been working in a secondary school in Cork city for the past 3 years, teaching both Physical Education and French, while completing a research masters. I have been granted a career break for the coming 12 months and I am travelling to New Zealand in September 2019. My undergraduate study in the BEDSSPE provided me with the platform for these opportunities and experiences.



Graduate Profile 3

ORLAGH FARMER

I graduated from UCC with a B.Ed. in Sports Studies and Physical Education. I am now currently a final year PhD student and lecturer in youth sport education. The course is ideal for anyone who has a passion for helping people through the medium of sport, covering a broad range of subjects including a full year work placement module. Practically the course allows you to gain the knowledge and experience coaching and working in a post-primary classroom environment before graduating. The degrees in UCC have opened my eyes to the scholarly research world. I was awarded an Irish Research Council Postgraduate Scholarship for my research project ('Gaelic4Girls') focusing specifically on female youth sport participation.



Graduate Profile 4

BRIAN DONOVAN

I graduated from UCC in 2018 with a B.Ed which qualifies me to teach Physical Education and English at post-primary level. I am currently undertaking a Masters by Research developing a project which aims to enhance young people's physical literacy for healthier and more active lives. I have always enjoyed being active and my studies gave me the chance to combine my active lifestyle with a desire to help others to learn and enjoy activity. The skills that I have learned from my undergraduate and postgraduate degrees have equipped me to do this and to work in many positions in both the education and sporting environments.



**WHERE CAN I
FIND OUT MORE?**

**BEDSSPE
INFORMATION**



**TEACHING COUNCIL
OF IRELAND**



**PHYSICAL EDUCATION
ASSOCIATION OF
IRELAND**



12 WAYS TO PUT YOUR SPORTS STUDIES & PHYSICAL EDUCATION DEGREE TO WORK

[MORE INFO](#)

01

Participate fully in the professional training and school placement aspects of your degree.

02

Gain practical experience through summer or part-time employment in suitable environments (such as schools, summer camps, coaching episodes etc.).

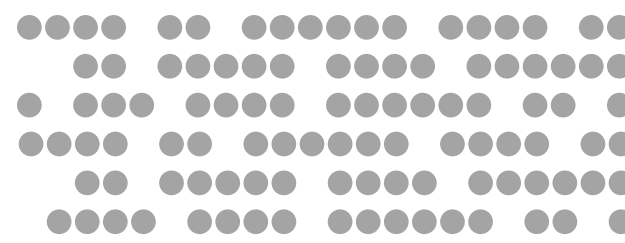
03

Gain relevant skills and experience through engagement with UCC's Department of Sport and Physical Activity.

04

Familiarise yourself with relevant university strategic developments, such as the 2019 Sports and Physical Activity Strategy.





05

Gain relevant skills and experiences through local community volunteering with children, adolescents, adults, and older adults.

06

Avail of university-wide modules and skills training that will equip you with digital technology, academic writing, referencing and presentation skills.

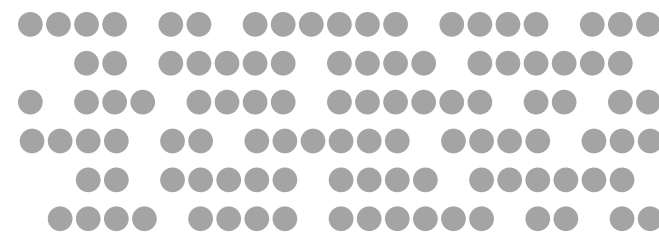
07

Join the annual student-related network for the Physical Education Association of Ireland (PEAI).

08

Create an up-to-date CV and professional social media presence.





09

Avail of confidential and impartial careers advice at UCC Career Services by booking a consultation online.

10

Attend employer events on campus and use them to build relationships with potential employers.

11

Try to engage positively with group-based learning episodes in UCC.

12

Consider a postgraduate area of further study.

**MORE
INFO**



DID YOU KNOW?

There are currently 723 post-primary schools in Ireland, all of which employ large numbers of qualified teaching graduates – remember your qualification when you successfully graduate with a BEDSSPE.



CONTACT US



**UCC Career Services,
3 Brighton Villas,
Western Road, UCC**



**021 4902500
021 4903202**



Email Careers



**Email Graduate
Recruitment**



**Book an
appointment
to meet a
careers advisor**



**Work
Placement**





UCC Works Award Programme



**Connect with
your job**

UCC Careers



MyStudentJob



Employability Events

**Careers Fairs, Roadshows,
Employer Presentations**



Volunteering Opportunities

