



Life in the city















# URBAN OCTOBER IN CORK

# LIFE IN THE CITY

During October you are invited to look at Cork City Centre through fresh eyes – to re-discover and re-engage with our city and to celebrate its advantages and attractions.

Whatever your age or interest, you can enjoy 'life in the city' with plenty of events, all free.

Cork prides itself as the rebel city, and is always different – so our Urban October programme actually starts in September.

Urban October in Cork is supported and organised by Cork City Council and EcCoWell. It showcases how well designed and managed public spaces have a positive impact on people who live in, visit or work in the city. It's inspired by the Urban October initiative of the United Nations, which aims to make cities "inclusive, safe, resilient and sustainable."

Details correct at time of going to press.
For updates see www.corkcitycentre.ie
email urbanoctober@corkcity.ie
Twitter: @corkcitycentre
Facebook: citycentrecork
Photos of city centre by Jim McCarthy,
Joleen Cronin, Jim Coughlan, Kevin O Brien



# HIGHLIGHTS

#### DOUGLAS STREET FESTIVAL





#### SELFIE COMPETITION

The 160 year old Berwick
Fountain on the Grand Parade
was recently refurbished. To
celebrate, take a selfie during
October next to the fountain
& post it on Twitter, Facebook
or Instagram with the hashtag
#urbanoctober. All selfies
entered into a draw for a €100
voucher for Electric Restaurant.
Closing date October 31. One
entry per person, terms &
conditions apply.

#### Sunday Oct 7th (11am - 1pm)

### FAMILY FUN ON GRAND PARADE

Urban October offers a range of family fun activities for all ages on the Boardwalk, Grand Parade, with outdoor games, music & more, including:

- Cork Sports Partnership invites older adults to enjoy Go For Life! Games - a mixture of rolling & bowling activities with pitching & tossing games including Scooch, Flisk, Lobbers, Malái, skittles & much more!
- Meitheal Mara & Music Generation Cork present Sounds from Ship to Shore; watch & listen to young musicians performing afloat as they journey from Lapp's Quay to Parliament Bridge.

#### Wednesday Oct 17th (1pm - 2pm)

# NORDIC WALKING ON STPATRICK'S HILL

Cork Sports Partnership invites you to try Nordic Walking - 'using the sticks for a fitness fix.' Limited spaces available, call Cork Sports Partnership on 021 434 7096 or email info@ corksports.ie to book your place. Info: Claire Hurley, 086 794 7922 Other sessions on Saturdays Oct 13 & 20 at Fitzgerald's Park – see separate entries.

# ONGOING EVENTS



Monday Oct 1st - Saturday Oct 20th (10am - 5.30pm)

Rory Gallagher Music Library, City Library, Grand Parade

#### MUSIC AND MEMORIES

Enjoy an exhibition celebrating 40 years of the Music Library which opened in 1978.

Monday Oct 1st - Friday Oct 5th (10am - 5pm)
The Gallery @ 46 Grand Parade

#### ATHOME WITH DYSLEXIA

Artist Danielle Sheehy, illustrator of recently published book At Home with Dyslexia, A Parent's Guide to Supporting Your Child, exhibits her drawings to celebrate Dyslexia Awareness Week. Her quirky & delightful pen & ink drawings reflect the world of the dyslexic child and, like the book, aim to "empower, by giving tools and strategies to deal with dyslexia, making students confident and knowledgeable in the process." On Thursday, World Dyslexia Awareness Day, there's a special event here at 6pm. See separate entry. No 46 Grand Parade has been in continuous use since the late 1600s, last year it became part of the CIT Crawford College of Art & Design.

Monday Oct 8th - Monday Oct 29th (10am - 5pm)

The Gallery @ 46 Grand Parade

#### GRADUATE WORK ON SHOW

Graduating MA Art Therapy students show their work, all welcome.

# Thursday Oct 11th - Monday Nov 12th (10am - 5.30pm)

City Library, Grand Parade

#### LOUIS MARCUS EXHIBITION

The Irish documentary filmmaker, whose 20 international awards include two Academy Award nominations, exhibits oil paintings on themes Art in Action & Cork Cinemas.

# Wednesday Oct 24th - Wednesday Nov 7th (10am - 5.30pm)

City Library, Grand Parade

#### SHANDON ARCHIVES

Photographer Martin Duggan captures everyday life in Shandon with portraits and views of his locality.

#### Monday Oct 15th - Sunday Oct 21st

#### TASTE CORK WEEK

Enjoy a celebration of Cork made food & drink. Local producers showcase the very best Cork has to offer through various events.



Cork bars, restaurants, cafés & hotels feature specials for the week highlighting the fantastic culinary creativity the county has to offer. For more info email info@fstvlr.ie

# Tuesday Oct 30th - Wednesday Nov 14th (10am - 5pm)

The Gallery @ 46 Grand Parade

#### EXHIBITION

Julie Aldridge, artist & art therapist, shows her work.

#### **Until October 29**

The Lido, 71 Watercourse Road, Blackpool

#### CORK COMMUNITY ARTLINK

Work space open for volunteers from 2-6pm. Units K11-12, The Marina

Work space open for volunteers on Mondays, Tuesdays, Thursdays, Fridays, from 10am to 6pm. Volunteers please contact 021 455 3747 email info@corkcommunityartlink.com For more information see

www.dragonofshandon.com



### DRAGON OF SHANDON

Cork Community Art Link opens its doors to volunteers throughout October as the community arts organisation prepares for its annual Dragon of Shandon Parade, taking place on Hallowe'en Night. Get creative & participate, get in touch or just drop in to the Lido at 71 Watercourse Road Blackpool during hours above. Help with building giant props & puppets, painting, costume-making, photography, videography, event organisation, music, sound, lighting, and take part in the Dragon of Shandon Parade on October 31st!

Phone: 021 455 3747 Email: info@corkcommunityartlink.com

# CALENDAR OF EVENTS

Thursday Sept 27th (1pm - 2pm) Glucksman Gallery, UCC

#### LEARNING CITY ANIMATIONS

See animations, commissioned by UNESCO, created in Cork for a global audience. Among events today celebrating Cork as a Learning City. In 2016 Cork became a UNESCO Learning City & last year hosted the 3rd UNESCO International Conference on Learning Cities.

(2.15pm-3pm)

### SCÉAL TO STORIA

All welcome to a lecture on contrasting approaches to Arts & Education in Cork & Milano. Info Aoife Hegarty 083 824 8680 email aoife.hegarty@ucc.ie

Thursday Sept 27th (5.30pm - 7pm) Atrium, Cork City Hall

#### LEARNING NEIGHBOURHOODS

The Lord Mayor presents certificates to participants from the six Learning Neighbourhoods in Cork. Info: info@corklearningcity.ie or Jennifer Walsh 086 770 1978

Friday Sept 28th (From 5pm)

UCC and various venues

#### EUROPEAN RESEARCHERS' NIGHT

Cork Discovers a World of Research offers exciting free interactive events for all ages. Explore topics from Archaeology to Zoology & learn how research impacts on your daily life. Includes hands-on experiments, tours, games & much more. For programme see www. corkdiscovers.org

Sunday Sept 30th (Noon - 6pm)
Douglas Street

#### AUTUMNFEST

See Highlights page 3.

#### **Until October 15th**

# LIVE IN CORK AND ENGLISH NOTYOUR FIRSTLANGUAGE?

Creative Cork Intercultural City Voices seeks poems & short prose written in any language about living in Cork City for a collection to be published in November. It's an initiative of Cork City Libraries in association with Ó Bhéal – see www.obheal.ie for details.

If you are interested but need help, contact Patricia Looney at the City Library email patricia\_looney@corkcity.ie Closing date for submissions is October 15.



Monday Oct 1st (7pm - 9pm) Millennium Hall, City Hall

#### CORK BEATS STRESS

This Autumn Say YES to less stress. Stress Control is a free six-week stress management course delivered by HSE psychologists in partnership with Cork GAA & Cork Healthy Cities. Stress Control has been successfully delivered to 2,000 people across Cork. If you feel exhausted, overwhelmed, anxious or stressed out, this is for you. Stress Control teaches you skills to manage your stress, it is not group therapy & you will not be asked to talk about your problems. All course materials provided. Early registration advised to avoid disappointment. More information or to book call 086 787 1016 To register online email CorkBeatsStress@hse.ie. Course continues on October 8, 15, 22 and November 5 & 12.

Wednesday Oct 3rd -Sunday Oct 7th

# 39th CORK FOLK FESTIVAL



The 39th Cork Folk Festival programme includes a number of free events, see www. corkfolkfestival.com for details.
On Saturday Oct 6 they include:

#### (11am - 5pm) EMMet Place

Food Market with performances from the Abegondo Pipe & Dance Band from Galicia, Douglas Comhaltas Adult Group & others.

#### (11.30am - 12.30pm)

Cork City Children's Library, Grand Parade Tall Tales for children with Pete Coe.

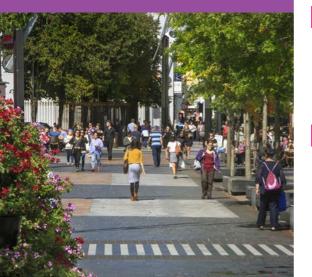
(Noon) St Peter's Church, North Main St Karen Casey explains FairPlé & its aims to achieve gender balance in Irish traditional & folk music.

#### (2pm) Counihans Bar

Bodhran/Percussion Workshop with Johnny Bongos.

#### (3pm) Rory Gallagher Music Library, Grand Parade

Tribute to singer Delia Murphy with Carmen Cullen.



#### Wednesday Oct 3rd (1pm)

Crawford Art Gallery, Emmet Place

#### POP UP TOUR

Learn about the architecture, history, programmes & collection of this vibrant civic space in the heart of Cork City with a series of events during Urban October. Gallery open every day from 10am until 5pm. Join this lunchtime tour or on another Wednesday.

For information about events at the gallery, email Anne Boddaert anneboddaert@ crawfordgallery.ie or Emma Klemenic emmaklemenic@crawfordgallery.ie

# Wednesday Oct 3rd (5pm)

Bank of Ireland, St Patrick's St

#### WELLNESS WEDNESDAY

Positive Ageing Week is marked in Cork; Age Action hosts talks on ageing positively & healthily – including How to build a 'pension fund' for the brain; What do you think about ageing? & Movement is a Medicine. Positive Ageing Week is organised by Age Action & supported by Bank of Ireland. You must book for info & bookings email paw@ageaction.ie. See www.positiveageingweek.com

# Wednesday Oct 3rd (6.30pm)

City Library, Grand Parade

#### BOOK LAUNCH

Eva O Cathaoir's Soldiers of Liberty is a study of Fenianism from 1858-1908. All welcome.

#### Thursday Oct 4th (10am)

Children's Library, Grand Parade

#### STORY, RHYTHM AND RHYME

The Children's Book Festival takes place every October. Events include Story, Rhythm and Rhyme with Deirdre Ryan, suitable for the under 5s accompanied by parent or carer. Repeated on Thursdays October 11, 18 & 25.



Thursday Oct 4th (6pm)
The Gallery @ 46 Grand Parade

### WORLD DYSLEXIA AWARENESS DAY

Hear from Louise Foott, Head of Department Arts in Health & Education, CIT Crawford College of Art & Design, and Sascha Roos, author of At Home with Dyslexia, A Parent's Guide to Supporting Your Child.

Thursday Oct 4th (6pm - 7pm)
Crawford Art Gallery, Emmet Place

### PUBLIC TALK

Sean Kissane: The visual construction of male identity in Ireland: politics, gender & sexuality. All welcome.

Thursday Oct 4th (6.15pm - 7.45pm) Crawford Art Gallery, Emmet Place

#### DRAWING THE NUDE

Life drawing session. Book your place on: https://www.eventbrite.ie/e/drawing-the-nude-sessions-tickets-47845463068 Other sessions on Thursday October 11th & 18th.

Over 600 barbershop singers, quartets & choruses from Ireland & further afield grace the city this weekend for the Irish Barbershop Singers Convention. Keep an eye & ear out on the city centre streets this afternoon, as you never know where they may pop up!

See www.iabsconvention.com

Friday Oct 5th & Saturday Oct 6th

### INTERNATIONAL PURPLE FLAG WEEKEND

Cork City Centre's Purple Flag status has just been successfully renewed; international recognition of having a vibrant & well managed evening & night-time economy. A purple flag area is acknowledged as a great destination for a night out & encompasses everything from shopping & dining to entertainment & socialising. Help us to paint the town purple this weekend. www.corkcitycentre/purpleflag



Saturday Oct 6th (9.45am - 4.30pm) Nano Nagle Place, Douglas St

# COMMUNITY TELEVISION FESTIVAL 2018

Community Television is television made by the community for the community. It currently exists in Cork, Dublin & Belfast & is broadcast in Cork on Channel 803 on Virgin Media's digital cable package & streamed live on www.corkcommunitytv.ie

This is the seventh year of the Community Television Festival, taking place in Cork in partnership with Nano Nagle Place. The festival provides a space for learning & skills development for those involved in the Community Television Association in Ireland & for the wider community in Cork City & County.

Events on the second day of the Community Television Festival are open to the public:



**10am** - Workshop on Archiving Community Media Content **11.45am** - How Community Media makes a difference to the communities involved – talk.

**3pm -** Screening of Fords – Memories of the Line.

The film tells the story of life on the assembly line at Ford's car manufacturing plant in Cork, which operated from 1917 to 1984. The documentary also details the closure of the factory in 1984 & the impact this had on the men, their families & the city of Cork. The documentary is produced by Frameworks Films in collaboration with the Ford's Ex-Workers Group & funded by the Broadcasting Authority of Ireland with the Television Licence Fee.

Please note, you are welcome to attend all day or any of the three events. Booking necessary, tickets available at: https://www.eventbrite.ie/e/community-television-festival-tickets-49566863824

Info: Emma Bowell **087 240 6760** email **info@corkcommunitytv.ie** 

Saturday Oct 6th (1pm-3pm) EMMet Place

### CHALK DESIGN WORKSHOP FOR KIDS

Come along to this workshop & find your inner Da Vinci as artists teach you how to create chalk drawings. All supplies provided. Free but booking essential. Event is weather permitting. To book email core@corkcity.ie or call 021 492 4773. Organised by Cork City Council.



Sunday Oct 7th (10am - 2pm)
The Marina

### ACTIVITIES ON THE MARINA

This iconic riverside area of our city is a hub of activity for 4 hours each Sunday during Urban October to allow everyone (with a special emphasis on children) to make use of the space for recreation. Come along to experience a range of outdoor games & activities including paddle boarding, kayaking, street games, sports, suitable for all ages & abilities. Organised by Cork Healthy Cities & Cork City Public Participation Network. Info: Denise Cahill 021 492 1641 Repeated October 14th, 21st & 28th.



#### Sunday Oct 7th (11am - 1pm)

# FAMILY FUN ON BOARDWALK, GRAND PARADE

See Highlights page 3.

Sunday Oct 7th (2pm-3.30pm) Crawford Art Gallery, Emmet Place

# LIFE DRAWING IN THE SCULPTURE GALLERY

No need to book. Sessions on Sundays October 14 & 21.

Tuesday Oct 9th (6.30pm) City Library, Grand Parade

#### BOOK LAUNCH

All welcome to the launch of The Life and Times of James Connolly, 2nd edition, by Desmond C. Greaves. Edited & launched by Professor Anthony Coughlan, Trinity College.

Wednesday Oct 10th (10am - noon)
Angelsea St between City Hall
and Fire Station

# LAUNCH OF NEW GREEN RIBBON GARDEN

SHINE Cork is a national mental health service supporting adults with self-experience of mental ill-health. The 'Green Ribbon Garden' is a therapeutic & ornamental garden created by people using SHINE services as a symbol to reduce stigma around mental health & as a tool to support mental health recovery. The event will be attended by the Lord Mayor, Cllr. Mick Finn, people who use SHINE services & is open to members of the public. Info: Aisling Foley, Community Mental Health Worker, SHINE Cork Resource Centre 021 422 6064 email afoley@shine.ie



#### Wednesday Oct 10th (1pm)

Crawford Art Gallery, Emmet Place

#### POP UP TOUR

Enjoy a tour & learn about the gallery & its collection.

Wednesday Oct 10th (1.15pm - 2pm) City Library

#### THE GLOBE ATNIGHT

To mark Space Week, the Cork Sky Friendly Campaign invites you to a talk on light pollution & the globe at night.

Wednesday Oct 10th (7pm) City Library, Grand Parade

#### ONE CITY, ONE BOOK

Join a citywide bookclub. Come to the launch of One City, One Book by Chinese American author Yiyun Li of the chosen book Gold Boy, Emerald Girl in conversation with Pat Cotter of the Munster Literature Centre. 50 free copies of the book available at the launch; another 50 can be borrowed from library branches. Yiyun Li was born in Beijing. The stories in her collection Gold Boy, Emerald Girl, often focus with empathy on the generations who survived the Cultural Revolution.

Thursday Oct 11th (6pm - 7pm) Crawford Art Gallery, Emmet Place

#### PUBLIC TALK

Dragana Jurisic & Kate Antosik-Parsons: 'Baring it All: The Threatening Female Nude in Contemporary Irish Art' – all welcome.

Thursday Oct 11th (6.15pm - 7.45pm) Crawford Art Gallery, Emmet Place

#### DRAWING THE NUDE

Life drawing session. Book your place on: https://www.eventbrite.ie/e/drawing-the-nude-sessions-tickets-47845463068
Another session on October 18th

#### Friday Oct 12th (11am - noon)

Rory Gallagher Music Library, Grand Parade

#### SOME MODERN COUNTRY

Gramophone recital presented by Denis McSweeney.

#### Saturday Oct 13th (11am - 12.30pm) Fitzgerald's Park, The Mardyke

#### NORDIC WALKING WORKSHOP

Cork Sports Partnership invites you to try Nordic Walking. There's a growing interest in Ireland in 'using the sticks for a fitness fix.' Can be done on virtually any outdoor terrain: roads, concrete paths, forestry trails, sandy beaches, grassy parks. Register for the workshop today or next Saturday to try it. Call Cork Sports Partnership on 021 434 7096 or email info@corksports.ie Info: Claire Hurley, 086 7947922 churley@corksports.ie

#### Sunday Oct 14th (11.30am) Meet at Davint Square

#### SHANDON WALK

Peter Foynes, Curator of Cork Butter
Museum, takes you on an historical
journey through Shandon, using Cork City
Council's red walking route. Explore the streets
of what was once the centre of international
trade in Cork, a city of merchants. Political
history is revealed through the naming &
renaming of its streets.

# Sunday Oct 14th (Noon - 2pm) The Marina

#### TRY STAND UP PADDLE BOARDING OR KAYAKING

Come and try Paddle Boarding or Kayaking, facilitated by Offshore Atlantic Adventure @ The Marina, and organised by Cork Sports Partnership. Limited places available, book yours by calling Cork Sports Partnership 021 434 7096 or email info@corksports.ie Info: Claire Hurley, 086 7947922 churley@corksports.ie



#### **Sunday Oct 7th - Sunday Oct 14th**

# INDIECORK

IndieCork is an annual festival of independent film & music, taking place from October 7- 14. The festival screens the best of independent shorts, documentaries & features. In addition, IndieCork champions emerging filmmakers & musicians, with talks, panels, workshops & gigs. IndieCork is a showcase for innovative film and music.

#### Sunday Oct 14th (Noon)

The Gate Cinema

IndieCork Film Festival presents

# IRISH WAYS - NEW SHORT DOCUMENTARIES

This programme of short documentaries is specially curated for Urban October. These new films document Irish lives & Irish ways; from an elderly lady cheerfully contemplating death to young people describing how they came out as lesbian or gay; from the work of Cork's Penny Dinners to the story of a man who established an animal sanctuary in West Cork; from a man coping with loss to the age-old ritual of climbing Croagh Patrick. Each of the stories is inspiring or uplifting, demonstrating human resilience in a challenging world. Running time: 80 minutes approx.

Admission is free but ticketed – available in person from The Gate Box Office, or online at www.



Sunday Oct 14th (2pm - 3.30pm) Crawford Art Gallery, Emmet Place

# LIFE DRAWING IN THE SCULPTURE GALLERY

No need to book. Another session on Sunday October 21.

Wednesday Oct 17th (1pm)
Crawford Art Gallery, Emmet Place

#### POP UP TOUR

Learn about the gallery & its collection.

Wednesday Oct 17th (7pm)
Rory Gallagher Music Library,
Grand Parade

#### TRAD SESSION

Trad session with Johnny McCarthy & Eoin O'Riabhaigh, part of the Music Library's 40 year celebrations.

Thursday Oct 18th (6.15pm - 7.45pm) Crawford Art Gallery, Emmet Place

### DRAWING THE NUDE

Life drawing session. Book your place on: https://www.eventbrite.ie/e/drawing-the-nude-sessions-tickets-47845463068

Wednesday Oct 24th (1pm)
Crawford Art Gallery, Emmet Place

#### POP UP TOUR

Join a tour to learn about the gallery & its collection.

Thursday Oct 25th (6pm - 7pm)
Crawford Art Gallery, Emmet Place

#### PUBLIC TALK

All welcome to a talk: Brian Maguire & Megan Eustace: 'artist and model'



Friday Oct 26th (11am - noon) Rory Gallagher Music Library, Grand Parade

#### MID-TERM MUSICAL MISCELLANY

Gramophone recital presented by Joan Kennelly.

Sunday Oct 14th (1pm - 3pm) St Peter's. North Main Street

### HALLOWE'EN WORKSHOP FOR CHILDREN

Children aged 7 up are invited to get ready for Hallowe'en by taking part in a creative workshop facilitated by the ever-inventive Jessica Mason, using willow & waste items to make decorations & lanterns. Max 16 per workshop. Organised by Cork Environmental Forum. Book a place by contacting Bernie Connolly 083 146 8064 email Bernadette@cef.ie

Sunday Oct 14th (7pm - 8pm)
Cork Cricket Club, The Mardyke

#### TRY TANGO

Cork Tango invites you to a free taster class for beginners. No need to book, just come along. For information about Cork Tango contact Hazel Trudgill 086 124 3400 email tangocork@yahoo.ie



#### Tuesday Oct 16th (7pm) City Library, Grand Parade

# THE HERITAGE OF THE QUAYSIDE LANDSCAPE

All welcome to an illustrated talk by John Hegarty, part of the series of lectures called Mapping the Lee.

Wednesday Oct 17th (10am - 4pm) Douglas Street 4 the Victorian Quarter

#### TRANSFORMED SPACES

Parking spaces are temporarily transformed, highlighting how life on the streets can enhance the public realm. Organised by Cork's Transport and Mobility Forum.



Thursday Oct 18th (11am - 1pm)
Firkin Crane, Shandon

#### CORK - AGE FRIENDLY CITY

Hear about Cork's history & learn about its Age Friendly City programme, its strategy & impact. Keynote speaker Cllr Kieran McCarthy: Cork 100 years, exploring life & society through photos & postcards. Music & refreshments. All welcome. Info: Stephen Murphy, Social Inclusion Development Worker, Cork City Council 087 981 4803 Friday Oct 19th (1.30pm - 2.15pm) St Finbarr's Hospital

#### TOUR A HEALTHY CAMPUS

Judy Cronin, Department of Public
Health, HSE South & member of
the Healthy Campus
Committee, takes you on a tour
of the facilities in St. Finbarr's
Hospital. They include a walkway for patients
& staff, an outdoor exercise area & therapeutic
garden for patients, communal staff bike
scheme & staff shower & changing facilities.
It's a once off opportunity to walk the 1km
mapped campus "Walkways to Health" & see
how the site has been revitalised as an urban
working environment cognisant of the health
& wellbeing of staff & service users. Meet at the

"Walkways to Health" sign near the barriers. Info: 492 7622 email Judy.Cronin@hse.ie



Saturday Oct 20th (11am - 12.30pm) Fitzgerald's Park

### NORDIC WALKING WORKSHOP

Booking necessary. See Saturday 13th for details.



#### FOOD HARVEST FESTIVAL

Cork Food Harvest Festival is a two day event organised by the Cork Food Policy Council. Events across the city on SATURDAY OCT 20th include:

#### (10am - 1pm)

Shandon Plaza, O'Connell Square, Shandon Sow & Go - Come & sow some seeds to take home with Churchfield Community Trust.

#### (11am - noon)

#### Voxpro Garden, Mahon Crescent

Discover how & why a Cork tech company is embracing horticulture in its workplace. Kitty Scully leads a tour of Voxpro's quirky garden, geodome & pizza oven.

#### (1.30pm - 3.30pm)

#### Beech Hill Garden Centre, Montenotte

Learn about the importance of green leafy vegetables in your diet, get expert advice on growing them & take home a free plant. Event suitable for all ages & abilities, children especially welcome. The workshop takes place in the polytunnel, so it's not weather dependent. Afterwards visit onsite café, Roots Coffee House, to sample locally produced preserves, chutneys & pickles, with free harvest craft activities for kids. Free but please register your interest call 021 464 3263 or email: hamiltonf@cope-foundation.ie

#### (2pm - 4pm)

#### UCC Polytunnels, College Rd

Small Space Growing: Growing food in less than one metre squared, using anything you have! This workshop, organised by UCC Community Garden, demonstrates simple growing techniques, soil recipes, recommends appropriate plants for certain situations, container ideas & offers take-home seeds to help get started. Free, but you must book. To reserve a place, email ucccommunitygardens@gmail.com

#### (2pm - 5pm)

Shandon Area Community Green Garden
Enter the garden through the green gate to the
right of Shandon Street Post Office. Over the
past few years the garden has seen a variety
of plants, insects, birds & volunteers. On the
historical site of the original St Mary's church
this social group enjoys a cuppa & chat as much
as harvesting. Come along & dig something in,
get involved in tree identification, or just enjoy
this informal garden. All welcome.

#### (4pm)

Lecture Theatre, Nano Nagle Place, Douglas St All welcome to a presentation by Caroline Robinson, chemical free gardener. Event organised by SHEP (Social & Health Education Project) Earth Aware and Nano Nagle Place.

#### (4pm) St Stephen's Sustainable Food Lab, Stephen St, near Friar St

Know, grow & gourmandise garlic - participate in an interactive talk about all things garlic, how & when to grow it, the health benefits of alliums, diverse culinary uses including Fire Cider making, pickling, garlic infused oils, and more. Bring your own cup to sip some herbal tea.

#### (5pm) Rebel Reads, 14 Father Matthew Quay Vege Out - Enjoy a vegan meal in Cork's newest

Vege Out - Enjoy a vegan meal in Cork's newest bookshop & community space. No need to book. No charge but donations welcome.

#### Good Day Deli, at Nano Nagle Place, Douglas St, continues Sunday.

Pop in & see the shortlisted photographs from the 2018 Cork Food Policy Council Competition.

Sunday Oct 21st (11am - 4pm) Fitzgerald's Park

### FAMILY DAY ATHARVEST FESTIVAL

A celebration of the wealth of community food & growing initiatives across Cork.

Up to 1,000 people will be served food sourced from growing projects across the city. Food generously given from some of the season's harvest, vegetables kindly donated from community gardens & allotments & surplus food, otherwise wasted, provided by redistribution charity FoodCloud.

Groups from across Cork showcase their produce & provide activities such as seed saving workshops, a floating garden, pumpkin carving, foraging walks, live music.

Info: Keelin Tobin info@corkfoodpolicycouncil. com 021 492 1641

For updates see http://corkfoodpolicycouncil.com/, and the Cork Food Policy Council Facebook & Twitter pages.

The Cork Food Policy Council works towards the achievement of a fairer, healthier, more secure & sustainable food system within the city & throughout the region.

Sunday Oct 21st (9.30am – 11.30am)
CIT BISHOPSTOWN

#### CORK REBEL RUN

The Cork Rebel Run, sponsored by Cork City Council & Cork County Council, is organised by Cork Sports Partnership, CIT & Leisureworld Cork & supported by CIT Athletics Club & Athletics Ireland. 5K & 10K events open to runners & joggers of all fitness levels, with prizes for different categories. See full details on www. rebelrun.ie

Closing date for registration is October 19 or when the event reaches capacity – so register early on the website. Info: Claire Hurley, 086 794 7922 or email churley@corksports.ie

Sunday Oct 21st (2pm - 3.30pm)
Crawford Art Gallery, Emmet Place

# LIFE DRAWING IN THE SCULPTURE GALLERY

No need to book.

Tuesday Oct 23rd (4pm - 8pm)
Meet at Nano Nagle Place, Douglas St

#### SOUTH PARISH LEARNING TRAIL

Follow the Trail, which features learning locations throughout the area with talks, demonstrations, open venues & tours. South Parish is one of Cork's newest Learning Neighbourhoods. Info: Jennifer Walsh 021 490 4718 email Jennifer.walsh@ucc.ie

Tuesday Oct 23rd (6.30 pm) City Library, Grand Parade

#### POETRY READINGS

All welcome to readings of recently published work by poets Susan Lindsay, Louis Mulcahy & Maurice Devitt.

Wednesday Oct 24th (6.30pm) City Library, Grand Parade

#### TELLING THE TRUTH?

Join a discussion with Dr Robyn Rowland on documentary poetry, which uses evidence in history, past or present, to bring to light stories that might otherwise remain hidden.

Thursday Oct 25th (6pm - 9pm) City Library

#### WRITING WORKSHOP

Poet Robyn Rowland's workshop explores emigration & immigration; leaving home, finding home, exile & belonging. Booking required. Tel 021 492 4900 email patricia\_looney@corkcity.ie



Thursday Oct 25th (6pm-9pm)

#### RIPPLE EFFECTNIGHTMARKET

Join Triskel & Scrypt Café Bar for the Ripple Effect Night Market. It includes stalls of local crafts, foodies, vintage clothing & wellness as well as a doggie treats stand. The Triskel Garden is a fantastic space in the centre of the city & using it for such an event brings a great buzz to the building & allows Triskel to share its historic space with the public. The Café is open throughout the evening for refreshments & tasty nibbles to complement the market.

Thursday Oct 25 – Sunday Oct 28

# GUINNESS CORK JAZZ FRINGE

Free events around the city include

# Thursday Oct 5th (7pm) City CENTYE FESTIVAL PARADE

Working with Cork Community Artlink, this year's Festival Parade is themed with Dia De Los Muertos, celebrating the beauty of life & death. Fun for all the family as major floats, dancers, musicians & performers weave their way through the city enveloping a New Orleans Funeral Procession with live improvising jazz musicians. Full of colour & magic.

Friday 26th, Saturday 27th, Sunday 28th Oct (1pm) Nano Nagle Centre, Douglas St

#### LUNCHTIME CONCERTS

Each day, top-quality Irish Jazz musicians play an intimate free concert in Nano Nagle's Goldie Chapel, featuring Tommy Halferty Lifetime Group, Isotope, Scott Flanagan Duo - the perfect way to spend lunchtime.

Friday 26th, Saturday 27th, Sunday 28th Oct (1pm - 6.30pm) & MM& Place

#### JAZZ ON THE PLAZA

Some of the finest jazz musicians & brass bands take to the stage every half hour, bringing the Plaza alive.



Saturday 27th & Sunday 28th Oct (Noon - 7pm) SUPPRISE LOCATIONS

#### JAZZ FLASHMOBS

The streets of Cork come alive with marching bands; performers & an open top Jazz Bus tours the city with lots of surprises along the way!

Friday 26th, Saturday 27th, Sunday 28th Oct (10am - 6pm) &MM@† Place

#### THE JAZZ BITES FOOD FAIR

Taste some of the finest cuisine from artisanal food stalls while enjoying Jazz on the Plaza. Jazand food – everyone's favourite combination!

Check out www.guinnessjazzfestival.com for more details.



Saturday Oct 27th (10am - 11.30am) Meet at Coal Quay Garden, Cornmarket St next to Bodega

#### MAD ABOUTCORK

Join Mad About Cork for a walking tour of Cork City Centre to explore some of the wonderful guerrilla gardening & colourful street art projects carried out by the group.

Book your place through their Facebook event page or by emailing info@madaboutcork.com Info: Kevin O'Brien 085 160 9414 email kevin@ madaboutcork.com

Saturday Oct 27th (11am - 3pm) St Peter's, North Main St

#### UPCYCLING FOR THE HOME

Celebrating Reuse Month, this drop-in event showcases how to style your home from Cork's vintage, pre-loved, charity & upcycling sector. Includes displays, workshops, advice & information on re-use, customising, upcycling & interior design; how to shop the re-use/charity sector to create individual looks in support of the environment & the economy. Refreshments. Organised by Southern Region Waste Management Office with Cork Environmental Forum & the Environment Directorate, Cork City Council. Info: Bernie Connolly 083 146 8064 email Bernadette@cef.ie

Shandon Area community Green Garden
PREPARE FOR WINTER AND
LEARN ABOUT BATS

Saturday Oct 27th (Noon - 2pm)

Join in the outdoor activities at the Shandon Area Community Green Garden, next to Shandon Street Post Office. With the colder weather approaching, October in the garden involves protecting plants, firming up the compost & leaf mounds, planting spring bulbs & winter crops such as garlic, as well as seed saving & tree & shrub maintenance. Activities today include a daytime bat talk with Cork County Bat Group & DIY Bat box with Mad About Cork. Child friendly event. Tea/Coffee & light refreshments. All welcome. Further info: Diarmuid Mulcahy email shandonarea@gmail.com 086 204 6357



Saturday Oct 27th (3pm) Grand Parade

#### CORK ZOMBIE WALK

Every Hallowe'en Cork's streets are invaded by a gang of the living dead - Zombies. The Cork Zombie Walk was set up in 2011 & is a charity event. Check out facebook.com/CorkZombie

Saturday Oct 27th (4.30pm) St Peter's, North Main St

#### GLAMOUR AND GLITZ

Marking Reuse Month, this event showcases glamorous & quirky styles from Cork's vintage, pre-loved, charity & upcycling sector. Includes a fashion show, advice on re-using, customising, upcycling, tailoring; how to shop the re-use/charity sector to create individual looks in support of the environment & the economy. Organised by the Southern Region Waste Management Office with Cork Environmental Forum & the Environment Directorate, Cork City Council. Info: Bernie Connolly 083 146 8064 email Bernadette@cef.ie

Sunday Oct 28th (10am - 2pm) Red Abbey Square, Red Abbey St

#### ARTON DISPLAY

Amateur artists showcase their work in this beautiful outdoor setting. Come along to experience this wonderful historic site & take

in the talent of local & budding artists. Organised by Cork Healthy Cities. Info: Denise Cahill 021 492 1641



#### Sunday Oct 28th (11.30am)

Meet outside Ford's pub, South Gate Bridge

#### SOUTH PARISH WALK

Local historian Ronnie Herlihy takes you on a tour of South Parish, one of the oldest & historically significant areas of Cork. Learn about the development of the city from watery beginnings to industry, including mills & breweries. This is the blue route of self-guided walks introduced by Cork City Council in recent years.



Wednesday Oct 31st (1pm)
Crawford Art Gallery, Emmet Place
POP UP TOUR

Enjoy a tour of the gallery & learn about its collection.

Wednesday Oct 31st (10am - 5pm)
Butter Museum, Shandon

#### VISIT CORK'S BUTTER MUSEUM

Free entry today to Cork's unique museum which tells the story of Ireland's most important food export & the world's largest butter market to mark World Cities Day & Urban October. See www. thebuttermuseum.com Info: 021 430 0600 email info@thebuttermuseum.com

Wednesday Oct 31st (Starts 7pm) from Church St

#### DRAGON OF SHANDON

Each year thousands take to the streets of Shandon to walk with the Dragon as it travels between worlds in a celebration of the living & the dead accompanied by an assortment of creatures from the underworld. Facilitated by Cork Community Art Link, it's more than a street parade celebration of Samhain, it's a community project that has involved thousands of participants since the first parade in 2006.

Wednesday Oct 31st (10am - 12.30pm) Long Room, Crawford Gallery

# CREATIVE CORK: ARTS AND CULTURE AS A SOURCE OF SUSTAINABLE CITY SOLUTIONS

ECCOWELL SEMINAR & DISCUSSION FORUM Cork has been ranked as one of Europe's top eight 'ideal cultural and creative cities' by the European Commission. This is a result of its vibrant creative sector & the valuable contribution made by both practitioners & cultural institutions in our city. Eccowell is providing an opportunity to explore some of the many inspiring projects & collaborations that are influencing positive change in Cork. In addition to short presentations there will be a facilitated workshop to discuss further opportunities & initiatives.

Topics include the impact of the Arts on our sense of identity & its contribution to the economic, social life & wellbeing of our city.

For more information please contact Martin O Donoghue, Cork Opera House: modonoghue@corkoperahouse.ie
Register via Eventbrite.



# **COMPETITION TIME!**

The city is a canvas! We are very lucky in Cork to have a number of groups & artists creating great street art & murals. These portray its history, heroes and, of course, its humour.

Here's a fun competition you can enter by identifying the location of each of the pieces. We've provided clues for a few of the trickier ones.

Drop or post your completed entry into Cork City Hall, St Peter's on North Main Street or the Central Library on the Grand Parade. Alternatively, take a photo of your answers and email to competitions@corkcity. ie by November 4th.

The first correct answer drawn will receive a prize of a €100 voucher kindly donated by Soho Restaurant on Grand Parade. Most importantly, have fun!





























Clue: 50%



after a county

#### (ALL BLOCK CAPITALS PLEASE)

Name: Contact Number: Contact Email:

Answers available on www.corkcitycentre.ie after November 7th. One entry per person and the usual terms and conditions apply. This is an initiative of Cork City Council.

Twitter: @corkcitycentre Facebook: citycentrecork





















