

CARTS

The CARTS (community assessment of risk and treatment strategy) programme is a risk intervention strategy that aims to screen, triage, assess and manage risk of three adverse outcomes (institutionalization, hospitalization, death) among community dwelling older adults. The screening instrument quantifies the impact of multiple predictors of adverse outcomes to generate a unique risk score for each of the three outcomes of interest. The goal of the CARTS programme is to keep older adults healthy, independent and active in their own homes by developing tailored, cost effective health intervention strategies in an expedient way and to manage the factors that are putting older adults at risk.