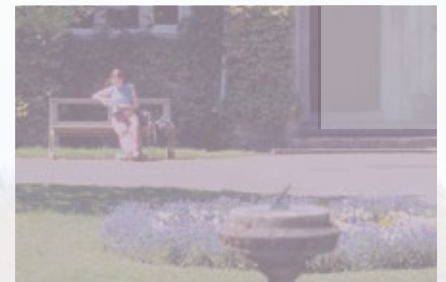


BSc (HONS) OCCUPATIONAL THERAPY

CAO CODE: CK704

School of Clinical
Therapies

Department of Speech and
Hearing Sciences



WHAT IS OCCUPATIONAL THERAPY?

Occupational Therapy (OT) is about helping people to live life to their fullest by providing interventions to enable people to participate in activities of daily living; things they need, want or have to do.

WHERE DO OCCUPATIONAL THERAPISTS WORK?

OT's work in a wide range of settings including hospitals, health centres, care homes, schools, prisons, and in the community in people's homes and workplaces. OT's empower people to do the occupations they need and want to do, as an OT you might be at a playground engaging in *play* with children, facilitating *cooking* groups in the community, or helping someone in the hospital to be more independent with *getting dressed*.

Some graduates continue their education and choose to work in the area of academia. Graduates often take the opportunity to work abroad.

PROGRAMME STRUCTURE AND CONTENT

The BSc (Hons) degree in Occupational Therapy is a four year, full time course accredited by WFOT which is delivered through lectures, workshops, Task Based Learning tutorials and Practice Education.

Task Based Learning

Task Based Learning (TBL) is used to facilitate "inductive thought, creative thinking, problem solving, critical consideration and reflection" (Ryan et al., 2009). TBL is experiential and promotes learning by doing in real life context. Students are asked to complete an experiential task over a week and reflect on that task in a feedback session with peers. TBL allows students to develop the skills, knowledge and attitude necessary to become a professional OT.

Practice Education

Practice Education (clinical placement) comprises of 1,050 hours (30 weeks) placement spread throughout the programme in years 1, 2, 3, and 4 to facilitate the application of knowledge gained during the academic year.

Practice Education is delivered through a partnership between the University, the Health Service Executive, and voluntary and private sector providers. These placements

will be throughout Ireland. Students may need to travel and/or arrange short-term accommodation near the placement sites. Students have the opportunity to participate in the **ERASMUS programme** which is a **European student exchange programme** offering students a possibility of studying or working abroad in another European country for a period of up to 3 months.

Our students have undertaken successful exchanges in Wales and Denmark.



Course Outline

Year 1

Occupation & Health Across the Lifespan

Understanding People Environments and Occupations

Becoming a Healthcare Professional

Creative Occupations & Health

Topographical Anatomy Physiology

2 Weeks Clinical Placement Psychology

Year 2

Children & Young People

Occupation Centred Practice with Children, Young People and Families

Introduction to Research Methods

Developmental Neuro-Anatomy

Advanced Developmental Psychology

8 Weeks Clinical Placement

Year 3

Adults & Older People

Occupation Centred Practice with Adults and Older Adults

Becoming a Professional Practitioner

Personal Professional Development

Advanced Research Methods

The Psychology of Aging

10 Weeks Clinical Placement

Year 4

Integrating Knowledge

Advanced Occupational Science and Occupational Therapy; Occupation, Innovation and Integration

Integrated Professional Practice

Creating Leaders in OT

Research Based Dissertation Innovative OT Practice

10 Weeks Clinical Placement

For more information on individual modules please see: www.ucc.ie/modules/descriptions/page080.html

ENTRY REQUIREMENTS

School Leavers: Six subjects in the Leaving Certificate from: Irish, English, another language, Mathematics, a laboratory science (i.e. Chemistry, Physics, Biology, Physics with Chemistry (joint) or Agricultural Science), and one other subject are recognised as meeting minimum entry requirements. A minimum of a HC3 grade is required in two subjects including a science subject and a language.

For entry requirements for mature students please see: www.ucc.ie/en/mature

For entry requirements for international students please see: www.ucc.ie/en/international

Fitness to Practise: www.ucc.ie/en/academicsecretariat/fitnesstopractise

POSTGRADUATE OPPORTUNITIES

There are many different opportunities for students who wish to further their education after completing the BSc in Occupational Therapy. Currently, programmes offered include:

- Taught MSc – MSc in Evidence Based Therapy Practice
- MSc by Research- MSc in Occupational Therapy
- PhD - Doctor of Philosophy in Occupational Therapy

For more information please see: www.ucc.ie/en/study/postgrad



WHAT OUR STUDENTS SAY

"The course helps us learn about living, gain an understanding of people and how the environment matters, personal reflections on everyday life; varied, hands-on, enjoyable, small classes, combination of theory & practice, develop personally and professionally, stimulating, interesting, challenging, every day is unique, creative activities."

"In year two, my practice placement was working for eight weeks with children who experience intellectual disability. This placement was enjoyable and rewarding as I had the opportunity to work closely with young children and their families within a multi-disciplinary team."

"My year three placement was working for ten weeks with adults experiencing mental illness. I worked within the hospital setting and within the community. For me, this placement helped me to develop both personally and professionally."

FURTHER INFORMATION AND CONTACT DETAILS

Occupational Therapy Website:

www.ucc.ie/en/ot

Overview of the BSc in Occupational Therapy:

www.ucc.ie/en/ot/overview

Grad Ireland Job Description:

<http://gradireland.com/careers-advice/job-descriptions/occupational-therapist>

Twitter:

@UCC_OSOT

Facebook:

www.facebook.com/osotucc

