

Erasmus Placement

Kuopio, Finland

2012



Costs:

- Grant: €1200 (80% before you go and 20% in November).
- Transport: Monthly bus pass is €45.
- Flights: Approximately €400/€450, (Ireland-Helsinki-Kuopio return).
- Overall cost was €3000 aswell as the grant. It included; flights, transport, food, socialising, trips.

Accommodation



Accommodation

- Lived separately (by accident but ended up so much better off).
- My apartment was 30 minute walk or 15 minute cycle to the hospital. Laura's was 10 minute walk from the hospital.
- Cost €270 per month.
- You have to pay for 4 months rent (August-November).

Savonia University



University

- Savonia University of Applied Sciences
- Finnish classes every Friday for 2hrs.
- Finnish exam at the end of 8 weeks.
- Located in Kuopio centre, (15 minute walk from hospital).



UNIVERSITY OF KUOPIO

Finland



Kuopio University Hospital

Wards

I spent 7 weeks in Neurosurgery and 3 weeks in community and Laura spent 7 weeks in Cardiovascular and 3 weeks in paediatrics.

Majority of staff speak English but are a bit shy to use it.

You can also go to theatre to observe the surgeries.

Shifts:

- 7am-3pm
- 1 or 2 – 9.30pm
- 9pm-7am
- You work 37hrs per week (staff are really flexible).

Uniforms:

Are provided by the hospital

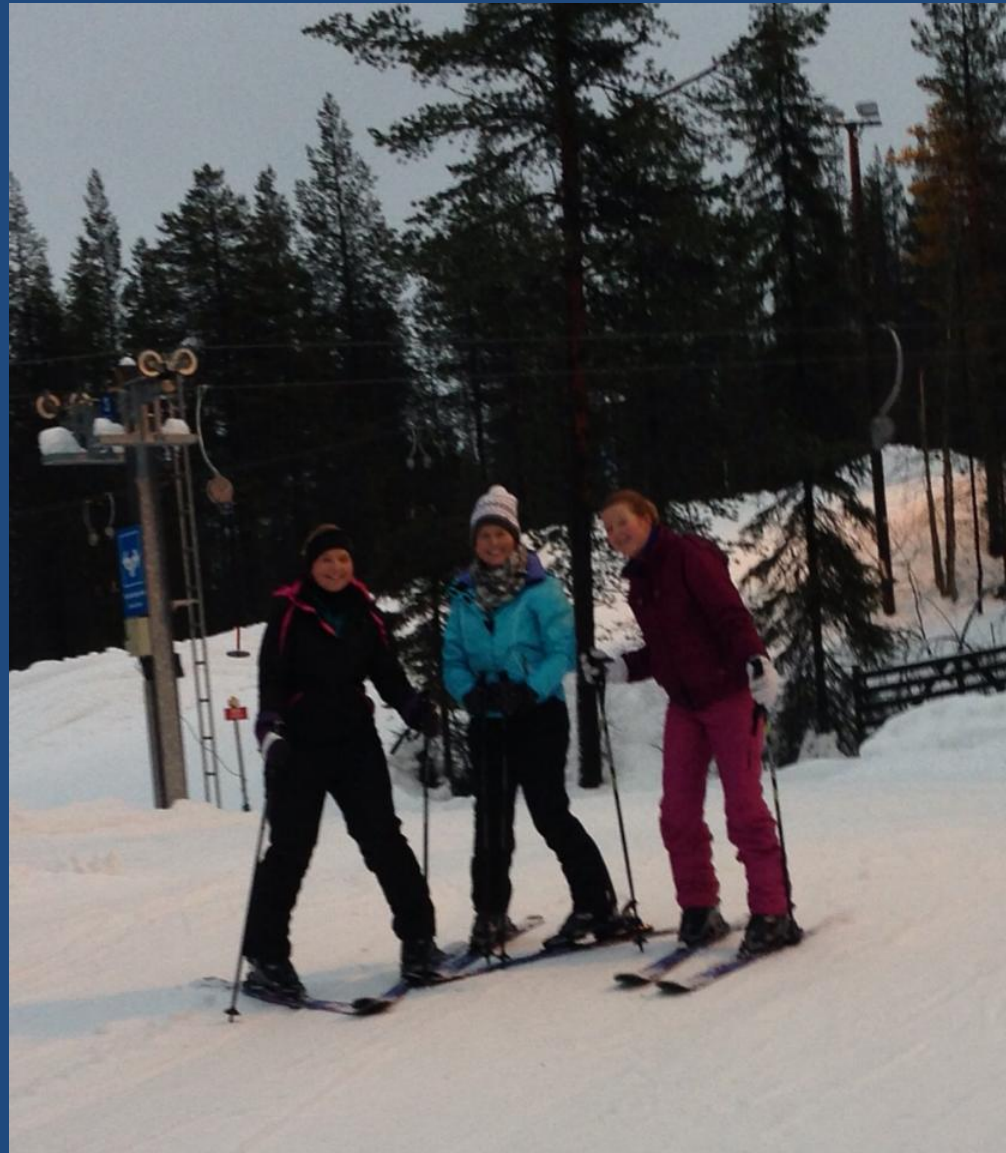
Only bring shoes with you



Trips

- Helsinki
- Turku
- Lapland
- Russia
- Estonia
- Sweden

Lapland !!!



St. Petersburg



Santa 😊



The End