

**DEE-JAY HEINRICH SEBASTIAN
ALLARD DOHM-HANSEN**
School of Medicine

Conference Attended:

*The Irish Mass Spectrometry Society 2022 Annual
conference, University College Dublin, Ireland
18th May 2022*

I am most grateful for having gotten the opportunity to attend the annual conference of the Irish Mass Spectrometry Society. The event brought together leading experts in the fields of mass spectrometry, proteomics, and metabolomics. Through discussions with researchers, I gained useful feedback on my current and proposed work, particularly concerning sample preparation for proteomics. I was also able to network with other postgraduate students and establish lasting connections, which will prove immensely helpful in overcoming future challenges during my PhD.

At the conference, I presented a poster on my first-year proteomics work, which won first prize for poster presentations. This was especially encouraging as it was my first postgraduate poster presentation. Additionally, preparing for the conference served as a useful lesson in scientific communication.

Finally, I was able to meet with collaborators and visit the mass spectrometry core unit at The Conway Institute, University College Dublin, where some of my samples are analyzed. This was particularly valuable, as I got to discuss my work and methodology in depth with the core technicians.

Overall, going to IMSS 2022 was a great and highly rewarding experience, which bolstered my motivation and confidence. I would, therefore, like to express my deepest gratitude to the College of Medicine and Health, whose financial support made my attendance possible.