

ITA FITZGERALD

School of Pharmacy

Conferences Attended:

Zoom Forward: 29th Annual European Obesity Conference

PRIMM (Prescribing and Research in Medicines Management) UK and Ireland 33rd Annual Scientific Meeting

Attendance at both conferences in person afforded me the opportunity to present my research both in poster and oral presentation format to colleagues from a range of backgrounds and disciplines. Completing these presentations increases my confidence as well as ensures that my research plan is reflective of current advances in the area and is also not replicating others work. On reflection, I feel my presentation skills have been improved through both preparation and through feedback received from more experienced colleagues attending the conference. I have also received suggestions on future research ideas as well as identified opportunities for future multidisciplinary collaboration to enhance the quality of future research projects. The conferences were also an insightful experience for me as I also identified potential future career pathways outside of what is considered traditional for a pharmacist in my position through networking with both pharmacy and professionals from other backgrounds.