

# Suicide Prevention Module for Undergraduate Health and Social Care Students

OVERVIEWS, INSIGHTS, AND A WORLD CAFÉ

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Wednesday January 17<sup>th</sup> 10.00am–3.00pm – Mardyke Pavilion, University College Cork



10.00am

## MORNING SESSION

CHAIR: *Dr Eve Griffin, CEO, National Suicide Research Foundation*

**Professor Ella Arensman**

Suicide and Self-harm in Ireland

**Ailish O'Neill**

Connecting for Life – Ireland's National Strategy to Reduce Suicide

**Dr. Aoife O' Sullivan**

The Importance of Suicide Prevention Training in Primary Care

**Dr James O' Mahony**

The Importance of Suicide Prevention Training for a Clinical Setting

11.00am

TEA/COFFEE

11.15am

## AFTERNOON SESSION

**Dr. Michelle O' Driscoll and Ms. Kerrie Gallagher**

Module Launch: "The Development, Design and Implementation of a Suicide Prevention Module for Health and Social Care Students"

**Dr. Mette Valdersdorf Jensen**

"SOSU-project": Teaching nursing assistants about suicide prevention

**Dr. Ross Woods**

National Student Mental Health and Suicide Prevention Framework – How Can We Align?

**Dr. Aoife Fleming**

The Role of Interprofessional Education and Learning in Suicide Prevention Training

12.10pm

## PANEL DISCUSSION

12.45pm

LUNCH

1.15pm

## WORLD CAFÉ

Facilitated by *Dr Michelle O'Driscoll and Ms Kerrie Gallagher, NSRF*

# SPEAKER BIOS

**Dr Eve Griffin**, CEO, National Suicide Research Foundation



Eve is Chief Executive Officer at the National Suicide Research Foundation, Ireland. She has more than 12 years' experience in the area of suicide prevention. She has authored more than 60 scientific reports and peer-reviewed publications on the topic of self-harm and suicide, and has a strong track record of collaborating with partners in policy, service provision and clinical practice.

**Professor Ella Arensman**, Professor of Public Mental Health, School of Public Health, University College Cork and Chief Scientist, National Suicide Research Foundation



Ella is Head of School of Public Health, Professor of Public Mental Health, College of Medicine and Health and Chief Scientist with the National Suicide Research Foundation, University College Cork. Over more than 35 years, she has initiated numerous national and international interdisciplinary research consortia on suicide and self-harm surveillance, intervention and prevention programmes for suicide, self-harm, depression, anxiety, and excess mortality among young people and adults with mental health conditions.

**Ms. Ailish O'Neill**, National Education and Training Manager, HSE National Office for Suicide Prevention (NOSP)



Ailish is Education and Training Manager with the NOSP, focused on the implementation of Connecting for Life - Education and Training Plan. Ailish has worked with the HSE since 2018. Prior to taking on the role with NOSP, Ailish worked for 10 years in the area of Health Promotion across the voluntary sector in Ireland and the NHS in Scotland, focused on upstream mental health and wellbeing.

**Dr Aoife O' Sullivan**, Mental Health Lead, Irish College of General Practitioners and General Practitioner with University College Cork Student Health Department



Aoife is a GP in UCC Student Health with 18 years of general practice experience. In addition to GP work she works with the UCC Mental Health and Wellbeing Team. She is also the HSE ICGP Clinical Lead in Mental Health, a role which includes GP education and liaison between the Irish College of General Practitioners and the HSE.

**Dr James O' Mahony**, Lecturer and Programme Lead for the MSc/ Pg Diploma in Cognitive & Behavioural Psychotherapy, School of Nursing and Midwifery, University College Cork



James is a Lecturer and Programme Lead for the MSc/ Pg Diploma in Cognitive & Behavioural Psychotherapy. James has worked in the area of mental health for over 20 years. He has worked as a CNS in Primary Care Mental Health, ANP in Psychiatry & Psychotherapy, Assistant Director of Mental Health Nursing and Area Director of Nursing, Child & Adolescent Mental Health Services.

**Dr Michelle O' Driscoll**, Project Team, National Suicide Research Foundation



Michelle is a post-doctoral researcher with the NSRF and a Clinical Pharmacy Lecturer at the School of Pharmacy, UCC. Michelle's current research interests lie in the areas of suicide prevention and wellbeing education, postvention interventions, and reducing access to means. She has collaborated on several national and international multi-disciplinary projects in relation to enhancing patient care, and the continuing professional development of healthcare workers. She holds a BPharm from UCC, and an MPharm from RCSI.

**Ms. Kerrie Gallagher**, Project Team, National Suicide Research Foundation



Kerrie is a researcher at the NSRF and Irish Prison Service. Kerrie hold a B.Ed in Home Economics and Biology and a BSc in Public Health Science. She has worked on numerous projects within the School of Public Health, the Clinical Research Facility and the NSRF. In her role, Kerrie has contributed to various types of publications including reports and peer-reviewed articles. Her main research interests include the mental health of minority groups and the social determinants of health and their impact on suicide and self-harm.

**Dr Mette Valdersdorf Jensen**, Post-doctoral Researcher, Centre for Suicide Research, Department of Regional Health Research, University of Southern Denmark



Mette is a post-doctoral researcher at the Centre for Suicide Research and the Department of Regional Health Research in Odense, Denmark. Her PhD is in medical psychology where she examined the impact of diabetes on quality of life. She has a BSc in nursing and an MSc in public health. Her primary research interests revolve around the design and evaluation of educational materials in suicide prevention, primary care prevention, and the social determinants of health and suicidal behaviour.

**Dr Ross Woods**, Senior Manager, Teaching and Learning, Student Success, Health and Wellbeing, Higher Education Authority



Ross is Senior Manager of the National Forum for the Enhancement of Teaching and Learning at the Higher Education Authority. He also has responsibility for the implementation of the HEA Healthy Campus Charter and Framework, as well as the HEA National Student Mental Health and Suicide Prevention Framework. From 2019-2023, he led the Higher Education Authority's Centre of Excellence for Equality, Diversity and Inclusion's work on gender equality and other areas of equality, diversity and inclusion.

**Dr Aoife Fleming**, Vice Head for Interprofessional Learning, College of Medicine and Health, and Senior Lecturer in Clinical Pharmacy, University College Cork



Aoife is the Vice Head for Interprofessional Learning in the College of Medicine and Health and a Senior Lecturer in Clinical Pharmacy. She is passionate about preparing healthcare students for future collaborative practice to improve patient care and outcomes. Aoife is chair of the IPL Development Committee in the College of Medicine and Health; the committee mission is to develop an innovative and engaged programme of interprofessional education and scholarship.