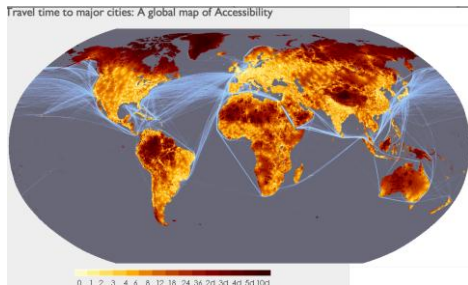


## Emerging Infectious Diseases

Dr Arthur Jackson  
Consultant in Infectious Diseases  
September 2014

- "The time has come to close the book on infectious diseases. We have basically wiped out infection in the United States."  
– Dr William Stewart, Surgeon General , USA, 1967



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## Globalisation ... global health

- Recent issue of connectedness
- Problems *and* solutions can travel rapidly
- Networking is important
- Information sharing is paramount

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## Internet traffic ... note Africa ....




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## Emerging infections

- Newly identified, previously unknown infections causing public health problems
- Re-emerging
  - ... perhaps an old infection in a new locality ...
  - Infection which had fallen to such low levels but now are rising again in incidence/prevalence

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## Progress in control of Infections

- Recognition of microbes as pathogens
- Sanitation, hygiene, vector control
- Antimicrobials
- Vaccines
- Advances in detection
- Communications
- Nutrition

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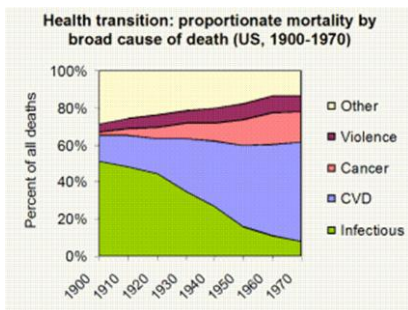
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## Declining infections as a cause of mortality in richer settings




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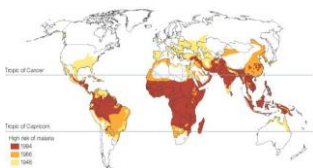
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Global distribution of per capita GDP.



Global distribution of malaria.

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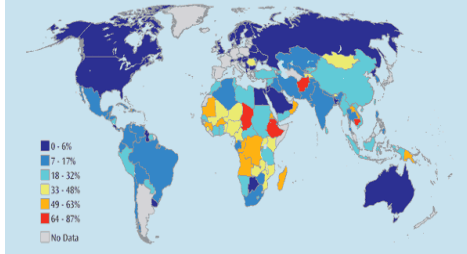
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Percentage of Population Without Reasonable Access to Safe Drinking Water



Source:  
<http://www.theglobaleducationproject.org>  
UNDP, UNICEF

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### Connected world

- Global health becomes local health
  - Returning travellers
- Local problems become global problems
  - Global economy, globalization ...
- Local economy determines income group
- Income group affects health (as seen with mortality data)

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ProMED-mail  
About ProMED-mail»

Latest Search Plans Hot Topics

Latest Posts on ProMED-mail

- 24 Oct 2012 E. coli EHEC - UK (09): (N Ireland) O157, restaurant
- 24 Oct 2012 Ebola virus disease - Congo DR (21): (OR)
- 23 Oct 2012 Newcastle disease, wild birds - USA (03): (TX) dove
- 23 Oct 2012 Japanese encephalitis & other - India (18): (UP)
- 23 Oct 2012 Antibiotic resistance - USA: (IA) MRSA, wildlife
- 23 Oct 2012 Chikungunya (21): Philippines (AL)

22 Oct 2012 Hemorrhagic fever wrenal synd - Russia: (SA)  
22 Oct 2012 Undiagnosed deaths, porcine - Ukraine: (RF)



23 Oct 2012 Undiagnosed fever - India: (TN)  
 22 Oct 2012 Rubella - Ghana (04) severe, human  
 22 Oct 2012 Rubella - Sudan - Alghazal (02) (OR) cat  
 22 Oct 2012 Non-communicable - Saudi Arabia (14) HSA MCH  
 22 Oct 2012 Rubella - Sudan - Alghazal (02) (OR)  
 22 Oct 2012 Hemorrhagic fever wrenal synd - Russia: (SA)  
 22 Oct 2012 Undiagnosed deaths, porcine - Ukraine: (RF)



WHO: Ebola outbreak in Democratic Republic of Congo stabilizes

An outbreak of Ebola virus disease in the Democratic Republic of Congo (DRC) has stabilized, with no new deaths or cases in Itote in week, the World Health Organization (WHO) stated on Tue 23 Oct 2012. For the past 10 days, the death toll from the hemorrhagic fever has remained at 36 and no new cases have been registered, the WHO said in a bulletin. The last case of hospitalization dates to 11 Oct 2012, according to the information released to the press on Tuesday 23 Oct 2012. A total of 79 people are believed to have infection and the fatality rate in the outbreak is 48 percent.

"We are very vigilant," WHO Kinshasa representative Leontine Baudry told AFP. "It takes just one case to start up a cycle of transmission." The fact that the disease had been confined to the town of Itote and its neighborhood was a positive factor, he said, because the epidemic was contained in mid-August 2012 in the northeastern Orientale Province. But researchers have noted the outbreak took 100 days.

The Ministry of Health, the WHO, the Centers for Disease Control and Prevention (CDC) based in Atlanta, Georgia, Sheldene Sara Pankhurst (MS), lead the USAID-PROED/CI project have been working in close cooperation to contain the outbreak. To date, there is no treatment or vaccine for Ebola virus disease, which kills between 25 and 90 percent of those who fall sick, depending on the strain type, according to the WHO. The disease is transmitted by direct contact with blood, tissues, and sweat, by sexual contact and by unsterilized handling of contaminated corpses.

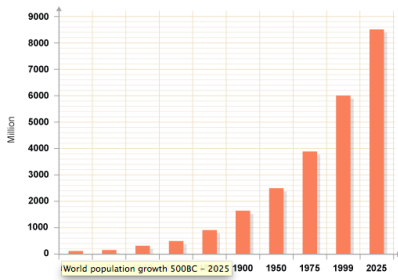
Congo DR has recorded 8 outbreaks of Ebola virus disease, one of the world's most virulent diseases, since the virus was first reported near a Congolese river that gave the disease its name in 1976.

Communicated by:  
 ProMED-mail  
 epromed@promedmail.org

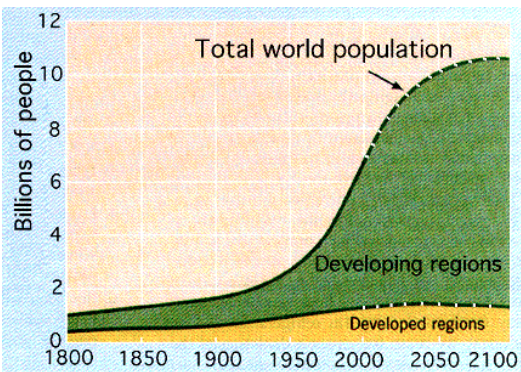
(The previous bulletin over the extent of the outbreak and the numbers of cases and fatalities, is now resolved. A total of 79 people believed to have been infected, 36 of whom have died, giving a fatality rate of 48 percent.)

A map of the province of DRC is available at <http://www.mapsofworld.com/democratic-republic-of-congo/democratic-republic-of-congo-political-map.html> and the interactive ProMED-mail/HealthMap of Congo DR can be accessed at <http://healthmap.org/drc/>.

### Increasing population, globalization, and Climate change



World population growth 500BC - 2025



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Globalization, Climate Change, and Human Health

Anthony J. McMichael, M.B., B.S., Ph.D.  
 N Engl J Med 2013; 368:1335-1343 | April 4, 2013 | DOI: 10.1056/NEJMra1108341

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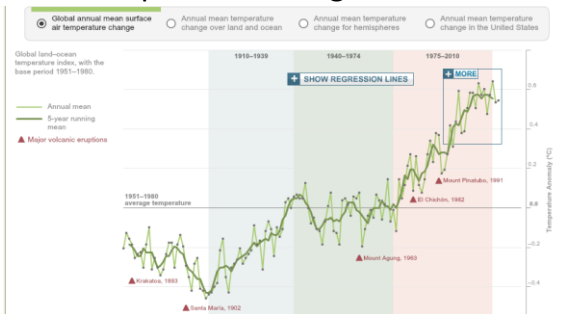
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Temperature rising over time




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Globalisation and Health

- Interconnectedness
  - Economic intensity
  - Consequent environmental and social changes
- Interrelated pressures, stresses, and tensions arising from an overly large world population
- environmental impact of
  - Economic activities
  - Urbanization
  - Consumerism
- Widening gap between rich and poor

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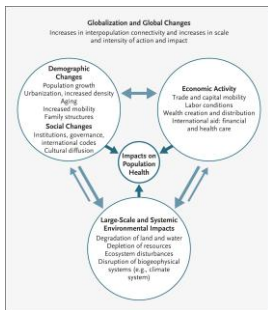
## Changes

- Population migrations
- Trading
- Cultural diffusion

Physical flows as well as  
INFORMATION FLOW

- Pushing or distorting natural global systems beyond boundaries considered to be safe for continued human social and biologic well-being

- The loss of biodiversity
- human-induced climate change



## Environment change

- Excessive population pressure on regional environments
  - soil exhaustion
  - water depletion
  - loss of various wild animal and plant food species
- Exacerbates various environmental changes
  - Potentiates poverty/disadvantage
    - Poverty assoc with high birth rate

- Is technology just
  - “kicking the can down the street”?
  - Need education
  - Need societal change

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### Infections and globalisation

- Globally important infections: (quasi-Malthusian), SARS, influenza ...
  - new strains of influenza virus in Southeast Asia and East Asia?
  - risk increases with population growth; backyard animal farming and intensified commercial poultry production

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### Infections and globalisation

- Freshwater shortages
  - River flows threatened with climate change and industrialisation of rivers/diversions
- Growing food/crops to feed an increasing world population:
  - land degradation, water shortages, and climate change
  - rising demand for animal foods (methane producing and requiring more space)

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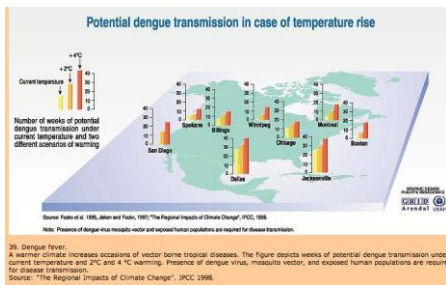
## Climate change and infections

- Example

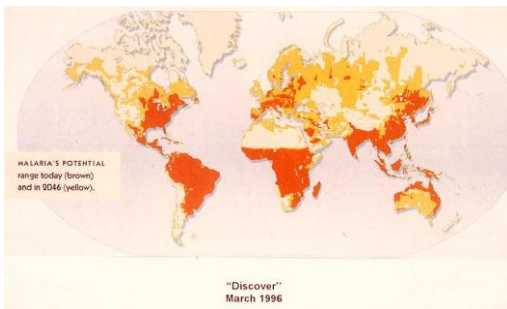
- China:

- medium-scenario warming model
    - schistosomiasis will extend northward
    - 20 million MORE people at risk by 2050

- Dengue



## Global Warming and Malaria



What Climate Graphics? Potential Impacts of Climate Change  
 Note: Potential dengue transmission is case of temperature rise.

Disease	Vector	Population at risk (million)	Number of people currently infected or new cases per year	Present distribution	Likelihood of altered distribution
Malaria	Mosquito	2,400*	300-500 million	Tropics and Subtropics	🔴
Schistosomiasis	Water snail	600	200 million	Tropics and Subtropics	🟡
Lymphatic Filariasis	Mosquito	1,094*	117 million	Tropics and Subtropics	🟢
African Trypanosomiasis (Sleeping sickness)	Tsetse fly	50*	200,000 to 300,000 cases per year	Tropical Africa	🟢
Dracunculiasis (Guinea worm)	Crustacean (Copepod)	100*	100,000 per year	South Asia, Arabian Peninsula, Central-West Africa	🟡
Leishmaniasis	Phlebotomine sand fly	390	12 million infected, 500,000 new cases per year*	Asia, Southern Europe, Africa, Americas	🟢
Onchocerciasis (River blindness)	Black fly	122	17.5 million	Africa, Latin America	🟡
American Trypanosomiasis (Chagas disease)	Triatomine bug	100*	18 million	Central and South America	🟢
Dengue	Mosquito	1,800	10-50 million per year	All Tropical countries	🟡
Yellow Fever	Mosquito	480	more than 5,000 cases per year	Tropical South America, Africa	🟢

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### Key Tasks in Dealing with Emerging Diseases

- Surveillance at national, regional, global level
  - epidemiological,
  - laboratory
  - ecological
  - anthropological
- Investigation and early control measures
- Implement prevention measures
  - behavioural, political, environmental
- Monitoring, evaluation

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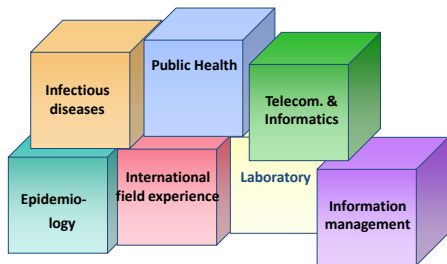
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Dr. KANUPRIYA CHATURVEDI

### What skills are needed?



**Multiple expertise needed !**

Dr. KANUPRIYA CHATURVEDI

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# Examples of Emerging infections

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## HIV

- Worldwide disease

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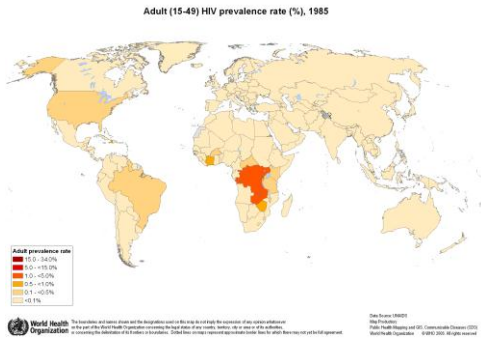
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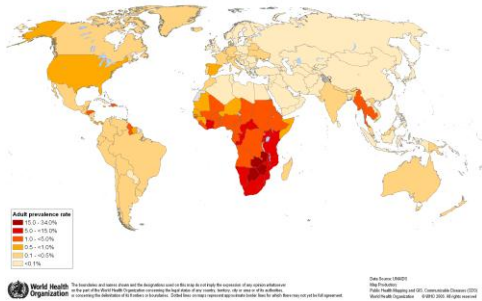
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Adult (15-49) HIV prevalence rate (%), 1995




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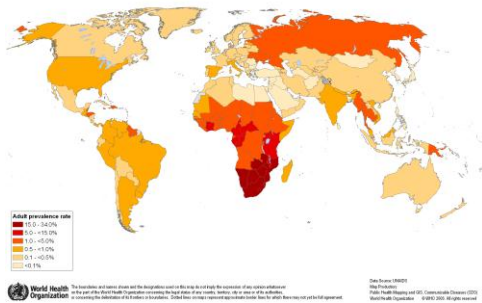
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Adult (15-49) HIV prevalence rate (%), 2005




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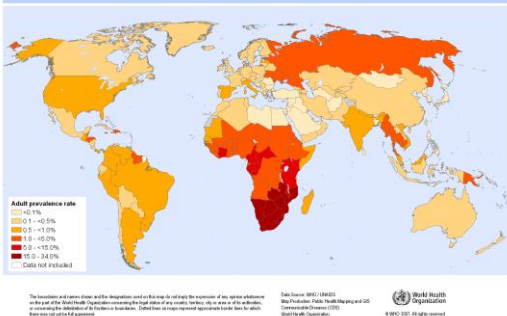
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A global view of HIV infection  
39.5 million people [34.1-47.1] living with HIV in 2006




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Global summary of the AIDS epidemic | 2011

Number of people living with HIV	Total	34.0 million [31.4 million–35.9 million]
	Adults	30.7 million [28.2 million–32.3 million]
	Women	16.7 million [15.4 million–17.6 million]
	Children (<15 years)	3.3 million [3.1 million–3.8 million]

People newly infected with HIV in 2011	Total	2.5 million [2.2 million–2.8 million]
	Adults	2.2 million [1.9 million–2.4 million]
	Children (<15 years)	330 000 [280 000–390 000]

AIDS deaths in 2011	Total	1.7 million [1.5 million–1.9 million]
	Adults	1.5 million [1.3 million–1.7 million]
	Children (<15 years)	230 000 [200 000–270 000]



Adults and children estimated to be living with HIV | 2011



Total: 34.0 million [31.4 million – 35.9 million]



Area: 70.3 thousand km<sup>2</sup>  
 Population: 4.6 million  
 Editions: **WORLD** 11 topics

Durlanaghy, Donegal

subject

restrictions | AIDSinfo

**ELIMINATE TRAVEL RESTRICTIONS**

**HIV AND AIDS ESTIMATES (2009)**

Number of people living with HIV  
 36,800 [5,300 – 48,700]  
 Adults aged 15 to 49 prevalence rate  
 0.2% [0.2% – 0.3%]





## The TB Epidemic in the Western World

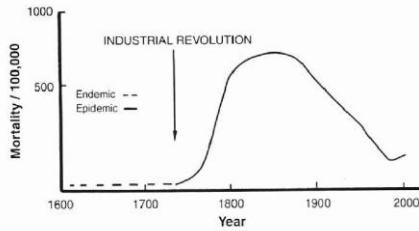


Figure 2. Tuberculosis morbidity as it changes from an endemic infection to an epidemic disease, as it did in Europe during the Industrial Revolution.

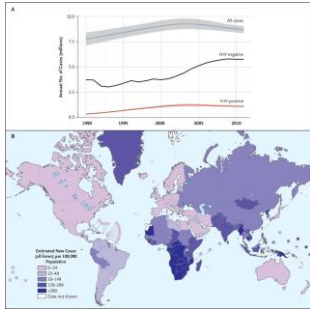
Stead, WW. THE ORIGIN AND ERRATIC GLOBAL SPREAD OF TUBERCULOSIS. How the Past Explains the Present and Is the Key to the Future. Clinics in Chest Medicine 1997; 18: 65-77

- In 2011, there were 8.7 million new cases of active tuberculosis worldwide.
- Recent advances in diagnostics, drugs, and vaccines and enhanced implementation of interventions are helping to improve the prospects for global tuberculosis control.



## Tuberculosis

- 95% of all TB cases occur in developing countries
- 9-43% of the world's population is infected
- 8 million new cases/year
  - 3 million deaths/yr
  - 7% of total worldwide mortality rate
- 23% of active cases are estimated to receive appropriate anti-TB treatment



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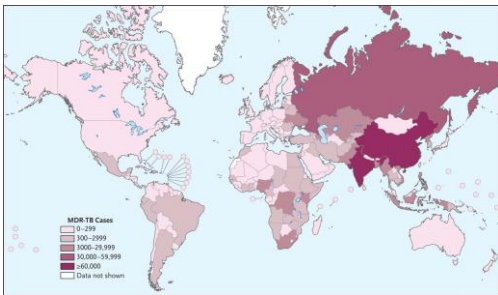
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## Tuberculosis

- Ireland
  - 230 notifications per 100,000 population in 1952 (first records kept)
  - 9.7 per 100,000 in 2001
  - 11.3 per 100,000 in 2007
  - 9.2 per 100,000 in 2010
- In 2010, 40.7% of cases were born outside Ireland compared to 43.0% in 2009 and 43.3% in 2008
  - GLOBAL INTERCONNECTEDNESS
- WHO:
  - Reduce the global incidence of active TB to less than 1 case per million by 2050

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## Resurgence Of Tuberculosis

Factors leading to an increase in TB:

- Failure to tackle poverty in society and . . .
- HIV Africa
- Decaying Pubic Health Infrastructure Eastern Europe
- Migration Ireland / Europe

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## MultiDrug Resistant Tuberculosis (MDR TB)

- *Acquired drug resistance*: found in a patient who has received at least 1 month of prior antiTB drug treatment
- *Primary resistance*: presence of resistant strains of M Tuberculosis in a patient with no history of such prior treatment
- *Multidrug resistance (MDR)*: resistance to at least Isoniazid and Rifampicin.

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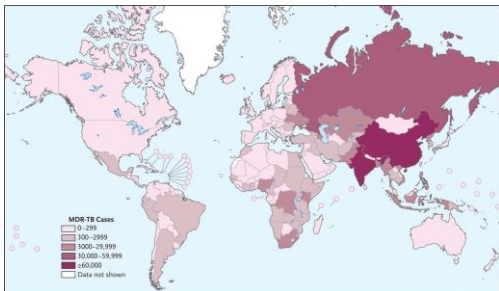
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### Other Viral diseases

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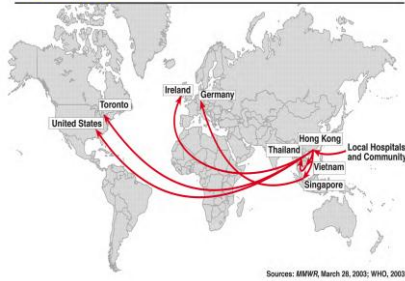
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### 2003 Spread of SARS from Hotel Metropole



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### SARS: The First Emerging Infectious Disease Of The 21st Century

**SARS Cases**  
19 February to 5 July 2003

**Total: 8,439 cases, 812 deaths, 30 countries in 7-8 months**



Source: [www.who.int/csr/sars](http://www.who.int/csr/sars)

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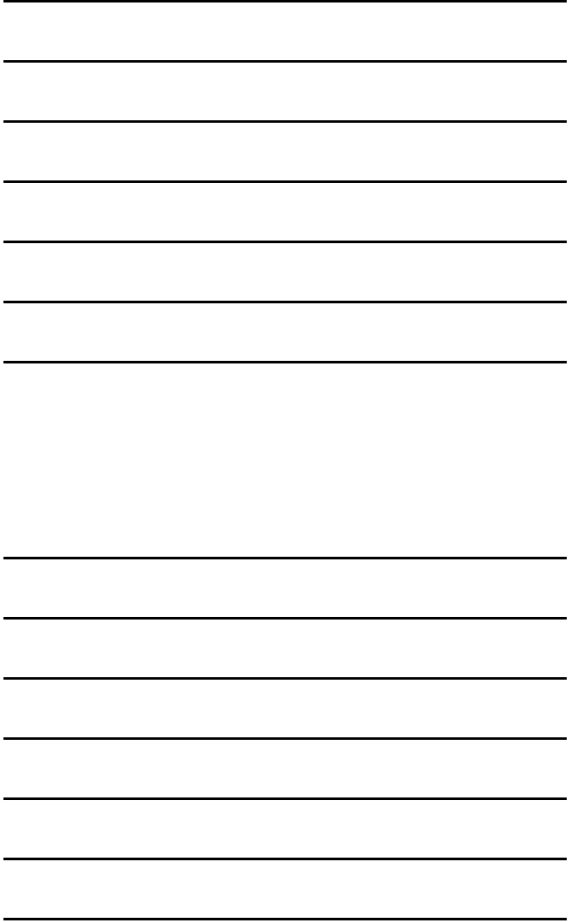
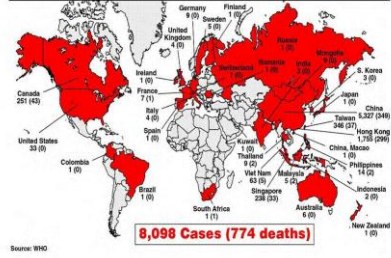
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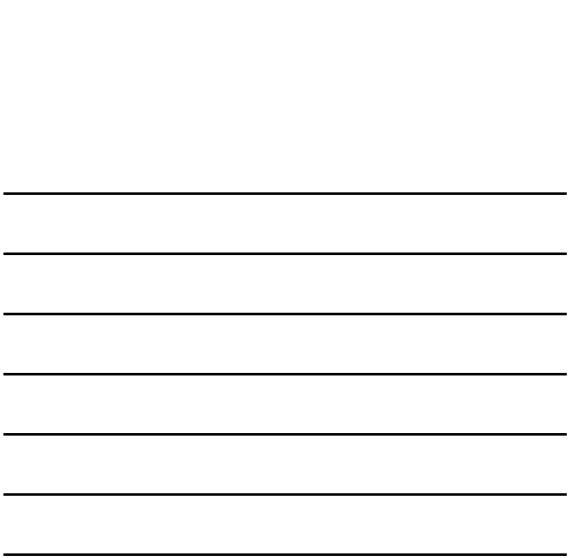
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Cumulative Reported Cases of Severe Acute Respiratory Syndrome (SARS), Sept. 26, 2003



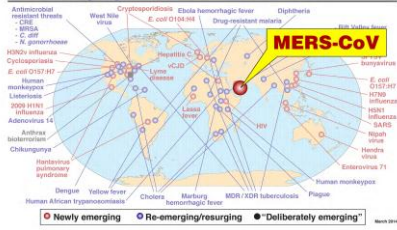
Isolation of a Novel Coronavirus from a Man with Pneumonia in Saudi Arabia

Ali M. Zaki, M.D., Ph.D., Sander van Boheemen, M.Sc., Theo M. Bestebroer, B.Sc., Albert D.M.E. Osterhaus, D.V.M., Ph.D., and Ron A.M. Fouchier, Ph.D.  
N Engl J Med 2012; 367:1814-1820 | November 8, 2012 | DOI: 10.1056/NEJMoa1211721

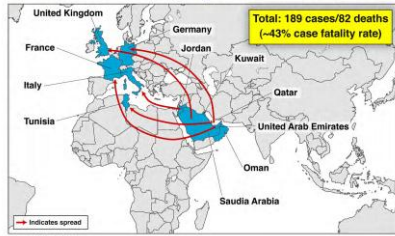


MersCoV

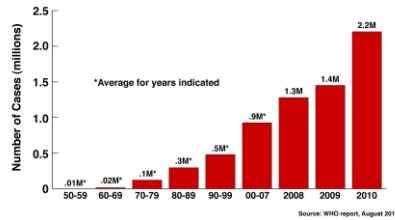
Global Examples of Emerging and Re-Emerging Infectious Diseases



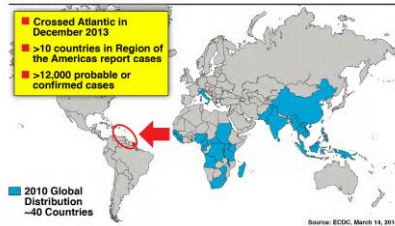
### MERS-CoV Cases, Apr. 2012 – Mar. 2014



### Number of Dengue and Severe Dengue Cases Reported to WHO Annually, 1950-2010



### Chikungunya Virus: An Emerging Threat




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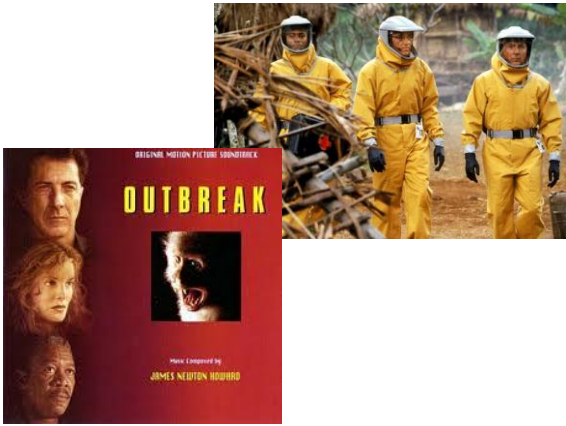
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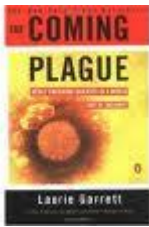
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What is Viral Hemorrhagic Fever?

- Severe multisystem syndrome
- Damage to overall vascular system
- Symptoms often accompanied by hemorrhage
  - Rarely life threatening in itself
  - Includes conjunctivitis, petechia, echymosis

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## Common process - multifactorial

- Vascular damage
  - Viral invasion
  - Complement/cytokine activation
  - Immune complex deposition
- Coagulation problems
  - Low platelets
  - Reduced clotting factors
  - DIC
- Immune failure
- End organ damage
  - Viral cytopathy
  - Host response



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# Hemorrhagic Fever Symptoms

If you have recently developed the following symptoms, go to the hospital now:

- Marked Fever
- Muscle Aches
- Fatigue
- Loss of Strength
- Dizziness
- Exhaustion

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## Viral Hemorrhagic Fever

- Viruses of four distinct families
  - Arenaviruses
  - Filoviruses
  - Bunyaviruses
  - Flaviviruses
- RNA viruses
  - Enveloped in lipid coating
- Either insect vector or transmitted in excreta of animals (e.g. rats)



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### Classification

Arenaviridae	Bunyaviridae	Filoviridae	Flaviviridae
Junin	Crimean-Congo H.F.	Ebola	Kyasanur Forest Disease
Machupo	Hantavirus	Marburg	Omsk H.F.
Sabia	Rift Valley fever		Yellow Fever
Guanarito			Dengue
Lassa			

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### Arenaviridae

- Junin virus
- Machupo virus
- Guanarito virus
- Lassa virus
- Sabia virus

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### Lassa fever – West Africa

- 1969 - nurse in Lassa, Nigeria died with LF
- 2 more nurses developed illness
  - Isolated the virus from them
- Initially suspected to be much worse mortality
- Mouse host – chronic asymptomatic infection
  - Urine and saliva
  - Aerosol infectiousness

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### Lassa fever

- Often asymptomatic
- 100000 cases/yr; 5000 deaths/yr
- Nosocomial spread is possible and does happen
- Most common directly transmissible VHF of international travellers
  - Facilitated by long incubation period (5d – 3 wks)

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### Lassa Fever

- Incubation 5 days – 3 wks
- Classical features of vhf
  - Fever, myalgia, conjunctival injection, pharyngitis, chest pain, abdo pain, D+V
- Deafness can occur in 30%
- 15% of hospitalised cases die
  - If fever, pharyngitis, vomiting – high risk of death

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## Lassa fever - treatment

- IV ribavirin – high dose for 6 days
- Oral ribavirin for contacts
- Convalescent serum can be used!
  - High antibody titres
- ?role for monoclonal antibody
- No vaccine

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## Bunyaviridae

- Rift Valley Fever virus
- Crimean-Congo Hemorrhagic  
Fever virus
- Hantavirus

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## Flaviviridae

- Dengue virus
- Yellow Fever virus
- Omsk Hemorrhagic Fever virus
- Kyassnur Forest Disease virus

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## Filoviridae

Marburg virus  
Ebola virus

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## Filoviridae History

- 1967: Marburg virus
  - European laboratory workers – Germany
    - Traced to a vervet monkey from Uganda
- 1976: Ebola virus
  - Ebola Zaire
  - Ebola Sudan
- 1989 and 1992: Ebola Reston
  - USA and Italy
  - Imported macaques from Philippines
- 1994: Ebola Côte d'Ivoire

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- Nosocomial spread was a major feature
  - Marburg
  - Ebola
- Outbreaks
- Funerals and body preparation can predispose to infection spread

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## Filoviridae Transmission

- Reservoir is UNKNOWN
  - Bats implicated with Marburg and probably Ebola
  - 3000 animals tested; 500 bats, 30000 arthropods
- Nosocomial transmission
  - Reuse of needles and syringes
  - Exposure to infectious tissues, excretions, and hospital wastes
- Aerosol transmission
  - Primates

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## Filoviridae Epidemiology

- Marburg – Africa
  - Case fatality – 23-33%
- Ebola - Sudan, Zaire and Côte d'Ivoire
  - Case fatality – 53-88%
- Ebola – Reston – Philippines
- Pattern of disease is UNKNOWN

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## Filoviridae Humans

- Most severe hemorrhagic fever
- Incubation period: 4–10 days
- Abrupt onset
  - Fever, chills, malaise, and myalgia
- Hemorrhage and DIC
- Death around day 7–11
- Painful recovery

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## Ebola

- 1976
  - First documented outbreaks
  - Simultaneously in Zaire (=Congo) and Sudan
- Subsequently
  - Rare/intermittent outbreaks in Africa
    - Mainly central Africa
    - <500 cases
  - 30% cases were healthcare workers in Zaire, 1995
  - 7% in Uganda, 2000

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## Current Ebola Outbreak

- August 8: WHO:
  - “International Public Health Emergency”
  - “the outbreak is an extraordinary event and a public health risk to other states”
  - ...serious in view of the virulence of the virus, the intensive community and health facility transmission patterns and the weak health systems in the currently affected countries
  - a coordinated international response is deemed essential to stop the spread of ebola”

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## Current Ebola outbreak

- Initial cases noted:
  - February 2014:
    - in forested areas of Southwestern Guinea
    - Spread to Liberia, Sierra Leone
  - (Nigeria – fewer cases)
  - Mainly rural, but including some large, densely populated cities (e.g. Monrovia)
  - Many healthcare workers infected
    - Compounding problem – patients not wishing to attend hospitals

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## Ebola outbreak – as of Aug 26, CDC

- 3069 suspect and confirmed cases of EVD
  - 1752 laboratory-confirmed cases
- 1552 deaths
- In Nigeria:
  - 17 suspect cases
    - 13 laboratory-confirmed
  - 6 deaths.
  
- No definite treatment – (serum a possibility)
  - Possible use of experimental agents
    - Monoclonal antibodies – Zmapp
    - Vaccines
  
- Ethical questions regarding use of experimental agents and fast-tracking possible therapeutics

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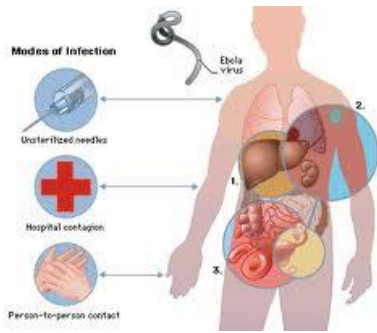
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## Ebola

- Incubation 4 – 10 days
  - Death at around Day 10 if fatal
- Fever
- Headache
- Myalgia
- Abdo pain
- Diarrhoea
- Sore throat
- Conjunctival injection
- Bleeding
- Neurological manifestations
  - Hemiplegia, convulsions, psychosis

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- Mortality
  - Zaire – 60-90%
  - Sudan 50-60%
- Diagnose – Grade 4 lab
  - Isolate virus
    - Cell culture
    - PCR
    - Antigen capture ELISA
  - Rarely serology

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### Recent outbreaks

- Uganda - 2012
- West Africa – 2013/4
  - Difficult to control
    - Connectedness
    - Education
    - Communication

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## Levels of PPM

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## Treatment

- Returning traveller is different from patient in an outbreak
  
- Main principles
  - Identify, diagnose and treat patient
  - Limit further spread
  - Identify other at-risk patients

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## Case identification

- Travel history – very specific
  
- Exposures
  - Caving/bats, rats, monkeys
  
- Timing
  - Under 3 weeks ago
  
- Clinical
  - Pharyngitis
  - Conjunctival injection
  - Chest pain
  - Bleeding

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- National Centre for VHF
  - Mater Misericordiae Hospital
  - Contact regarding possible cases for transfer/advice



## Management

- Strict isolation of affected patients is required
  - Especially if suspected to have direct spreading dx
  - Gowns, goggles, gloves, masks for staff – single use unless disinfected
  - Patient to use chemical toilet
  - If patient dies – rapid disposal/burial/cremation of body
- Report to health authorities
  - May use a health coordinator/outbreak coordinator

Contact tracing

- High risk
  - Exposed to blood, secretions, fluids
  - Close physical contact
- Check temp x2/day for 3 weeks
- If febrile (>38.5) isolate in hospital and give ribavirin if likely susceptible virus
  
  
  
  
  
  
  
  
  
  
  
  
  
  
- Lower risk
  - Advise to present if fever develops
  
  
  
  
  
  
  
  
  
  
  
  
  
  
  
  
  
  
  
- Educate community leaders
- Media management

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## Prevention and Control

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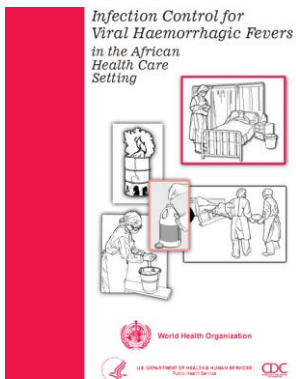
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## Prevention and Control

- Avoid contact with host species
  - Rodents
    - Control rodent populations
    - Discourage rodents from entering or living in human populations
    - Safe clean up of rodent nests and droppings
  - Insects
    - Use insect repellents
    - Proper clothing and bed nets
    - Window screens and other barriers to insects

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## Prevention and Control

- Protective clothing
  - Disposable gowns, gloves, masks and shoe covers, protective eyewear when splashing might occur, or if patient is disoriented or uncooperative
- WHO and CDC developed manual
  - “Infection Control for Viral Hemorrhagic Fevers In the African Health Care Setting”



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## Prevention and Control

- Anyone suspected of having a VHF must use a chemical toilet
- Disinfect and dispose of instruments
  - Use a 0.5% solution of sodium hypochlorite (1:10 dilution of bleach)

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## Conclusion

- Emerging infections are likely to remain a feature in a globally connected world with an increasing population
  - Multifactorial
  - Far reaching consequences
- Complex, resource-intensive, multifaceted management required
  - for individual cases and overall control

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## Is there hope in a connected world?

- Connectedness makes all infectious diseases applicable to all of us
- It also makes scientific advances applicable to all, even remote, populations
- And facilitates coordination of efforts

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