



To mark International Self-Injury Awareness Day the National Suicide Research Foundation is hosting

## Cork-Kerry Alliance Against Depression Launch Seminar

*Preventing Suicide and Self-Harm via Improving Awareness  
and Care for People with Depression  
An Evidence-based Approach*

Thursday, March 2nd 2023, 5.30 – 7.30pm  
Nano Nagle Place, Cork city

17.30 - Tea, Coffee and Sandwiches

Co-chairs Dr Cindy O'Shea & Prof Ella Arensman

17.45 - Opening by Prof Ella Arensman, Ms Eileen Williamson & Deputy Lord Mayor of Cork City, Cllr Derry Canty

17.55 - Overview of EAAD-BEST and the Cork Kerry Alliance Against Depression.

**Prof Ella Arensman**

18.05 – Benefits of Involving Family Members in the Care of People with Depression

**Ms Julie Grainger - Representing Lived Experience**

18.20 - Benefits of the Cork Kerry Alliance Against Depression for Suicide Prevention Priorities in Cork and Kerry

**Mr Donagh Hennebry - HSE Resource Officer for Suicide Prevention**

18.35 – Challenges and facilitating factors in working with people with Depression and Suicidal Behaviour

**Dr Michael Kennedy, General Practitioner and Coroner, East Cork**

18.50 – Learning from implementing EAAD-BEST in Poland

**Dr Piotr Toczyski, EAAD-BEST Collaborator**

19.05 – Panel discussion

**Contributors: Presenters & Governor Bryan Clancy & Mr Martin Ryan**

19.30 – Close



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